

11:27:04 From Ellen Bennett to Everyone:  
Ellen Bennett from Atlanta

11:27:06 From Helenmary Brown to Everyone:  
Welcome Jennifer! Godspeed as you head back to Australia. 🦋

11:27:06 From Beth Burke to Everyone:  
Beth in Burlington

11:27:33 From Helenmary Brown to Everyone:  
Greensboro has a great airport and its not far from Asheville.

11:27:40 From Dr. Jessica Evans to Everyone:  
We are back in our boxes! I was so happy to see so many of you in person!

11:27:54 From Emily Vasquez to Everyone:  
Emily Vasquez, Denver, CO

11:27:55 From Suzanne Neald to Everyone:  
Hi from Suzanne Nealdre

11:28:04 From Joy Parks to Everyone:  
Also Columbia, SC airport can be pick up..

11:28:19 From Ellen Bennett to Everyone:  
So good to see everyone

11:28:30 From Pam Hull to Everyone:  
Pam Hull - NJ

11:28:35 From Chrissy Englehardt to Everyone:  
Hello! I am in Clayton NC, signing in from the office. I work in downtown Raleigh. The retreat was AMAZING, this was my 3rd annual. Grateful.

11:28:50 From Laurie Tims to Everyone:  
Laurie Tims from Iowa

11:28:52 From Tricia Foster to Everyone:  
Good Morning~Tricia in Gibsonville, NC

11:28:55 From Helenmary Brown to Everyone:  
Replying to "We are back in our boxes! I was so happy to see so...":  
It was good to be out of our boxes Jessica! 😊

11:29:06 From Julie Wallace to Everyone:  
Julie Wallace, Middleburg, FL

11:29:18 From christine umthun to Everyone:

Hoping to be able to caravan or carpool from the central states next year!

11:29:21 From Dr. Jessica Evans to Everyone:

Replying to "We are back in our boxes! I was so happy to see so...":  
It sure was!!!

11:29:23 From Rose to Everyone:

The sharing with nearly 400 other women, our individual stories is the way God intends for  
"community" to honor & glorify His name....all a part of His plan

11:29:26 From Theresa (Tree) Peterson to Everyone:

hello from Wisconsin! glad to hear the retreat was wonderful!

11:29:38 From Melissa Parker to Everyone:

Good morning! Melissa Parker, from Columbia, SC, joining for my first class!

11:29:40 From Rose to Everyone:

\*Sharing ....sorry for typo

11:29:47 From Anne I to Everyone:

Good morning ☀️  
Anne from VA

11:29:48 From Teresa Wilcox to Everyone:

IN PERSON TRAINING! Yes!

11:29:55 From Beth Burke to Everyone:

yes! Live Class!

11:30:01 From Vanessa Satterfield to Everyone:

Vanessa Satterfield - North Carolina

11:30:02 From Ann Lawrence to Everyone:

sorry to be late. Ann in North Carolina

11:30:13 From Nikki (Amber) Walls to Everyone:

Good morning from Nikki Walls in Jefferson, GA!

11:30:15 From Freddy Chakhachiro to Everyone:

A CONVOY!!

11:30:16 From Cari Timmer to Everyone:

Cari Timmer from Holland Mi

11:30:21 From Kat Nelson to Everyone:

Kat Nelson here near Wheaton Illinois

11:30:25 From Lynna Sutherland to Everyone:

Lynna Sutherland from Chester, VA

11:30:25 From Tondalayo Royster to Everyone:  
Hello Everyone! Tondalayo, Maryland

11:30:26 From Lisa Kiser to Everyone:  
Lisa Kiser, Montrose, CO

11:30:29 From Rose to Everyone:  
Are these rental vans Tabi?

11:30:29 From Darlene Hills-Clinkscale to Everyone:  
Good morning Blessings. Darlene Hills-Clinkscale from Columbus, Ohio.

11:30:33 From christine umthun to Everyone:  
LOL Tabi!

11:30:37 From Dawn Jones to Everyone:  
I would love to come in the future, but it's hard to attend in May as a single mom with kiddos in school. The beginning of May is packed with end of year activities.

11:30:40 From Heather Martin to Everyone:  
Good morning from Shippensburg, Pennsylvania!

11:30:51 From Gwen Hertzler to Everyone:  
Gwen Herrzler here

11:30:52 From Becky Webb to Everyone:  
Becky- Kamloops, British Columbia

11:31:04 From Jolene Underwood to Everyone:  
Jolene Underwood, Ellicott City, MD (therapist for TX)

11:31:09 From Amy Marcum to Everyone:  
Morning- Amy marcum- louisville Ky

11:31:09 From Christie Crandall to Everyone:  
Christie from florida

11:31:10 From Jane Grimm to Everyone:  
Jane from Oregon here.

11:31:11 From Dr. Jessica Evans to Everyone:  
Jess, Columbus Oh area

11:31:15 From Tabitha Westbrook to Everyone:  
2026 Retreat 30 April - 03 May 2026. Speakers include Diane Langberg, Elyse Fitzpatrick, Joy Forrest, and Nicole C. Mullen.

11:31:19 From KAMILLA to Everyone:

2026 He Makes All Things New Women's Retreat – April 30-May 3 in Lake Junaluska, North Carolina with Diane Langberg, Nicole C. Mullins, and Joy Forrest! Mark your calendars and plan to join us!!

11:31:28 From Helenmary Brown to Everyone:

That's a great idea Tabi! I have a van that just needs some TLC and I could join that care-a-van. I LOVE my van.

11:31:28 From LEANNE Parsons to Everyone:

LeAnne is here from phoenix AZ

11:31:29 From Dawn Lugo to Everyone:

Dawn Lugo Tennessee

11:31:33 From julianna graybeal to Everyone:

julianna Graybeal Louisville, ky

11:31:39 From Dr. Jessica Evans to Everyone:

It's sure to be amazing!

11:31:43 From Stacy Hammon to Everyone:

Stacy, Cleveland, Ohio

11:31:44 From Kim Bobe to Everyone:

Good morning from Tennessee! Kim

11:31:48 From Heather Yaxley to Everyone:

Heather Yaxley Victoria BC Canada

11:31:58 From Suzanne Neald to Everyone:

Can you repeat the dates

11:32:07 From KAMILLA to Everyone:

2026 He Makes All Things New Women's Retreat – April 30-May 3 in Lake Junaluska, North Carolina with Diane Langberg, Nicole C. Mullins, and Joy Forrest! Mark your calendars and plan to join us!!

11:32:07 From Jennie Smith to Everyone:

Jennie Smith from Texas

11:32:08 From Kimberly VanKlompberg to Everyone:

Hello Everyone! Greetings from Holland MI, My House Ministry - Kimberly VanKlompberg

11:32:14 From LEANNE Parsons to Everyone:

It was a huge blessing and a delight to be with you all!!

11:32:53 From Wendi Andrews to Everyone:  
Wendi Andrews NC

11:32:58 From Grace Hertzler to Everyone:  
Grace Hertzler from Oklahoma

11:33:00 From Freddy Chakhachiro to Everyone:  
CALVARY?

11:33:10 From Kim Brown to Everyone:  
Kim Brown, Texas

11:33:21 From Jolene Underwood to Everyone:


If anyone missed signing up for the free workshop to process what came up at the retreat (good or difficult), please message me privately with your email address. You'll also receive email updates on new content.

11:33:28 From Jane Grimm to Everyone:  


11:33:31 From Freddy Chakhachiro to Everyone:  
WHOA! In our area they put out an email to their congregants to not attend the Protect the Flock

11:33:34 From Rose to Everyone:  
Replying to "It was a huge blessing and a delight to be with yo...":  
Thank you for your MC levity Leanne!

11:33:48 From Deborah Stahl Waters to Everyone:  
Deborah Stahl Waters - Tenn

11:33:49 From Helenmary Brown to Everyone:  
Praying for a way to be made in the Calvary Chapel in Boise, ID. 

11:33:51 From Jolene Underwood to Everyone:  
Replying to "It was a huge blessing and a delight to be with yo...":  
Loved having you MC!

11:33:59 From Molly Leonardi to Everyone:  
Molly....ND

11:34:33 From Tondalayo Royster to Everyone:  
Praying that their hearts are willing to receive...

11:34:53 From Robin Blacj to Everyone:  
Robin Black from Indy

11:34:56 From Jolene Underwood to Everyone:  
Replying to "WHOA! In our area they put out an email to their ...":

That is sad to hear. Was that from leaders in the church?

11:35:08 From Tabitha Westbrook to Everyone:

Replying to "WHOA! In our area they put out an email to their ...":  
That is so heartbreaking.

11:35:08 From Tiffany Bronson to Everyone:

Tiffany Bronson, Smithfield NC

11:35:13 From Jennifer Smart to Everyone:

YAY for Diane Langburg.... I am over the moon!

11:35:19 From KAMILLA to Everyone:

2026 He Makes All Things New Women's Retreat – April 30-May 3 in Lake Junaluska, North Carolina with Diane Langberg, Nicole C. Mullins, and Joy Forrest! Mark your calendars and plan to join us!!

11:35:39 From Jane Davies to Everyone:

Hi from the UK. Jane Davies

11:35:50 From Karen Stinchcomb to Everyone:

Greetings from storming Fort Worth. 🤖 Karen

11:36:00 From Chris Scrima to Everyone:

Chris Scrima from Kalispell, Montana

11:36:07 From Freddy Chakhachiro to Everyone:

Called DELEGATE

11:36:09 From Rose to Everyone:

QUESTION; Diane Langberg was mentioned....is she "etched in stone " at this time?

11:36:33 From Cathleen Karbach to Everyone:

Cathleen Karbach here from outside Roanoke, VA

11:36:55 From diane brinkley to Everyone:

I loved the retreat! My heart left lighter and more joyful. Lifechanging for sure. Thank you to all who participated to make it such a success...Diane from Troutville Va.

11:36:56 From Helenmary Brown to Everyone:

Psalm 73 God is the Strength of My Heart

*This is the theme for next year's retreat*

11:37:13 From Merrilee Carlson SGL to Everyone:

Merrilee Carlson San Francisco Bay

11:38:31 From Linda Schreuders to Everyone:

Linda Schreuders in Winnipeg MB Canada

11:38:32 From Sharon Flynn to Everyone:  
Sharon Flynn Swansboro, NC

11:39:12 From Jennifer Walchle to Everyone:  
Jennifer Walchle, Montrose, Co

11:39:16 From KAMILLA to Everyone:  
Dr. Debra Wingfield. "Eyes Wide Open – Second Edition". <https://tinyurl.com/EyesWideOpen-2>

11:39:19 From Vanessa Terlouw to Everyone:  
Vanessa Terlouw from Niagara Ontario

11:39:35 From Cari Timmer to Everyone:  
So great to hear about the retreat! I hope to be able to come next year.

11:40:24 From Lisa Coons to Everyone:  
Lisa Coons, Lakewood, CA

11:40:38 From Michele Daniels to Everyone:  
hello from Kokomo IN

11:40:45 From KAMILLA to Everyone:  
REMINDER: If you have a question in the chat, please put QUESTION in all caps and then proceed with your question. This makes it easier for our team to catch those all-important questions!!

If your QUESTION is not answered live, remember that the team will go back thru the chats and respond to any unanswered questions before the replay is sent later this week.

11:41:02 From Rose to Everyone:  
Replying to "QUESTION; Diane Langberg was mentioned....is she "et...":  
QUESTION..(cont.) for Retreat 2026, God is the Strength of my Heart"??

11:41:11 From Tina Conti to Everyone:  
Tina here from Livonia MI

11:41:15 From A M to Everyone:  
Alisha-GA

11:41:28 From Julie Burns to Everyone:  
Julie Burns, Midlothian TX. Looked like Retreat was awesome! God gave me a vision there last year---in that wonderful labyrinth. I reflected on it all weekend! He is so good!

11:41:51 From Susanne King to Everyone:  
Susanne King, Montrose, CO

11:41:53 From KAMILLA to Everyone:

Redefining Resistance Course: <https://www.houseofpeacepubs.com/redefiningresistance/>

11:43:10 From Joy Forrest to Everyone:

Replying to "QUESTION; Diane Langberg was mentioned....is she "et...":

She's given us a verbal yes via email. We don't have a signed contract yet/

11:44:48 From Laurie Tims to Everyone:

Replying to "QUESTION; Diane Langberg was mentioned....is she "et...":

Her book Redeeming Power was the first time I read anything intersecting church and abuse, in 2021. Very healing!

11:45:07 From Laura Lathrop to Everyone:

Sorry, late! Laura Lathrop, West Lafayette, IN

11:45:15 From lara Faucher to Everyone:

Lara Faucher, Holland Mi - Central Wesleyan

11:45:52 From Ramona Joseph to Everyone:

Late but here~! Ramona Joseph, The Heights of Ellis County, Midlothian, Texas

11:46:59 From KAMILLA to Everyone:

3 E's/Tenants Of Advocacy:

EDUCATION

EMPOWERMENT/Equipping

EMOTIONAL SUPPORT/Encouragement

11:48:31 From Chantal Young to Everyone:

Sorry forgot to say HI 😊

11:49:43 From Meg Avey to Everyone:

Meg from Charlotte, NC

11:50:01 From Helenmary Brown to Everyone:

God gives us freedom to choose. Even His commands present CHOICES. He won't violate that principle; "where the Spirit of the Lord is there is LIBERTY."

11:50:20 From Jolene Underwood to Everyone:

Personal choices help them also grow in healthy self stewardship. It helps them stay connected to their choice. If it ends up being a choice that isn't the best, they can also grow internal strength and calm by navigating through it.

11:50:42 From Chantal Young to Everyone:

Did we not receive the link to print out the slides to study from

11:50:58 From Kendra Thurman to Everyone:

For some, they don't know how to make a decision, or they have been told they were "wrong" regardless of what choice they made, even over the simplest things (like what to cook for supper).



11:51:07 From Lisa Kiser to Everyone:

Replying to "Did we not receive the link to print out the slide...":

They are in the email that Dr. Deb sent.

11:51:26 From Laura Lathrop to Everyone:

Eph 6 - Everyone must test their own actions, because each person will carry their own load

11:52:09 From Kendra Thurman to Everyone:

Replying to "Did we not receive the link to print out the slide...":

They are posted on the course webpage: <https://www.houseofpeacepubs.com/advocacy-courses/interview-cc/>

11:54:37 From Helenmary Brown to Everyone:

Sharing just enough, but not too much. Minimal, careful note taking in Salesforce to protect privacy.

11:54:54 From Kendra Thurman to Everyone:

Replying to "Did we not receive the link to print out the slide...":

Usually they are there by Sunday evening prior to the start of the course. This time, as mentioned at the beginning class, they were posted yesterday, with the delay due to travel after the Retreat. Look for the year (2025) in the slides' title to know you have the most up-to-date version.

11:55:25 From Teresa Wilcox to Everyone:

QUESTION: Is there any time you would add details to Salesforce?

Answered live

11:56:08 From Jane Grimm to Everyone:

What is sales force?

11:56:13 From Julie Burns to Everyone:

QUESTION: Could I get the link to the 5th Advocacy Course? I did not get the email with that link in it. Would love to see the materials while we are in class.

11:56:33 From Dr. Jessica Evans to Everyone:

Replying to "What is sales force?":

The system CTPM uses to document contacts. If you're an affiliated advocate you use that system.

11:57:00 From Kendra Thurman to Everyone:

Replying to "What is sales force?":

It's the program CTPM uses to keep track of how survivors are being helped through the ministry.

11:57:33 From Dr. Jessica Evans to Everyone:

Replying to "QUESTION: Could I get the link to the 5th Advocacy...":

<https://www.houseofpeacepubs.com/advocacy-courses/interview-cc/>

11:57:36 From Jane Grimm to Everyone:

Replying to "What is sales force?":  
Thank you

11:57:58 From Julie Burns to Everyone:  
Replying to "QUESTION: Could I get the link to the 5th Advocacy...":  
Thank you muchly!

11:58:03 From Kendra Thurman to Everyone:  
The purposes of a person's heart are deep waters, but one who has insight draws them out.  
(Proverbs 20:5)

11:59:38 From Pam Hull to Everyone:  
QUESTION: I have had my name brought into the Discovery process - asking for all my communications with the survivor (texts, messaging apps, emails, etc). No subpoena yet... and her attorney has managed to keep me out of it, but how do I find out what my state (NJ) laws are regarding my communications privacy as an advocate? (Note: she automatically deletes all communications and most of our communication is via a phone call now).

12:00:40 From Jolene Underwood to Everyone:  
If you receive pushback or dismissiveness in survivors as they receive care from you, it may be due to the new feeling of care that they aren't used to. You can be the emotionally regulated resource for them, even if they struggle to receive care.

12:00:50 From Naomi Jubilee to Everyone:  
Here!

12:01:07 From Perla Diaz to Everyone:  
Hello Naomi!

12:01:32 From Suzanne Neald to Everyone:  
If they want you to go to their pastor with her...?..?  
Yes, advocates sometimes go with survivors to speak with their pastor

12:01:44 From Laura Lathrop to Everyone:  
When I get pushback, I always remind myself that I'm only planting seeds. Resistance is often the first step. What we say will percolate, and often they come around to a good conclusion even if they seem resistant at first.

12:02:00 From Teresa Wilcox to Everyone:  
QUESTION: Can an advocate be "fired"? Can a victim be "fired" - not adhering to protocol  
Answered live

12:02:03 From Tabitha Westbrook to Everyone:  
Replying to "When I get pushback, I always remind myself that I...":  
And we have a great class on that, too!

12:02:30 From KAMILLA to Everyone:  
Replying to "When I get pushback, I always remind myself that I...":

Redefining Resistance Course: <https://www.houseofpeacepubs.com/redefiningresistance/>

12:04:03 From Denise Webster to Everyone:  
DW from Como

12:04:28 From KAMILLA to Everyone:  
Neil Schori. CTPM PROTECT THE FLOCK [churchpartners@calledtopeace.org](mailto:churchpartners@calledtopeace.org)

12:04:39 From Laura Lathrop to Everyone:  
I've done it several times

12:04:43 From Suzanne Neald to Everyone:  
Replying to "If they want you to go to their pastor with her...?....":  
Thanks

12:04:45 From Laura Lathrop to Everyone:  
Not with Neil, but with Andre/Dan

12:05:01 From Freddy Chakhachiro to Everyone:  
Probably depends on how comfortable you are in speaking with the pastor too

12:05:32 From Suzanne Neald to Everyone:  
Thanks for reply

12:05:40 From Laurie Tims to Everyone:  
It's helpful. Some pastors are not interested, but if they are humble, it makes a great difference.

12:05:45 From Kat Nelson to Everyone:  
My advocate went with me to my pastor

12:06:21 From Sharon Flynn to Everyone:  
QUESTION: With Call to Peace how are survivors initially connected with an advocate? Are they assigned?

*A survivor completes the intake request form and has their intake call with someone on the intake team tto determine needs. If it's determined they need an advocate, Naomi works to try to match the survivor in their area (ideally) depending on availability. You can email Naomi if you have other questions about this.*

12:06:47 From KAMILLA to Everyone:  
Our ADVOCATE COORDINATORS:

Dianthe Cardwell's email: [dianthe@calledtopeace.org](mailto:dianthe@calledtopeace.org)

Dianthe Cardwell's scheduling link: <https://go.oncehub.com/dianthecardwell>

Naomi Jubilee's email: [Naomi@calledtopeace.org](mailto:Naomi@calledtopeace.org)

Naomi Jubilee's scheduling link: <https://go.oncehub.com/NaomiJubilee>

12:07:02 From Cathleen Karbach to Everyone:

Replying to "Did we not receive the link to print out the slide...":  
The slides are available

12:07:30 From Martha Serianni to Everyone:

Martha Serianni in Storm Lake, Iowa

12:07:50 From Dr. Jessica Evans to Everyone:

Replying to "Not with Neil, but with Andre/Dan":

I believe Neil would be the point of contact for outreach to churches now since Dan is now executive director. And yes, Andre is Church Partnership Liaison.

12:08:28 From Teresa Wilcox to Everyone:

Replying to "QUESTION: Can an advocate be "fired"? Can a victim...":  
Sometimes the fit is not just right between women - we are women...

12:08:33 From Suzanne Neald to Everyone:

Naomi was my first contact. She was so good to me when I needed help as I was in another country. Now I'm doing the course. Who would have thought 😊

12:09:01 From KAMILLA to Everyone:

Replying to "Not with Neil, but with Andre/Dan":

Neil Schori – CTPM Church Partnership Director [neil@calledtopeace.org](mailto:neil@calledtopeace.org)

12:09:39 From Teresa Wilcox to Everyone:

Replying to "QUESTION: Can an advocate be "fired"? Can a victim...":  
Thank you

12:09:46 From Laura Lathrop to Everyone:

I have found that those people generally drift off without my having to "fire" them. That way, they can reach out again later if they do change their minds and get ready for real help, and they don't feel like they have been cut off.

12:09:47 From Dawn Jones to Everyone:

It's really important to manage the person's expectations. That is sometimes an ongoing work.

12:10:20 From Teresa Wilcox to Everyone:

And this is why I could never be a one on one advocate - I talk too much

12:11:00 From Dr. Jessica Evans to Everyone:

Replying to "QUESTION: With Call to Peace how are survivors ini...":  
Stay tuned for Naomi to share toward the end of class.

12:11:19 From Suzanne Neald to Everyone:

Such good advice

12:12:14 From Molly Leonardi to Everyone:

Replying to "And this is why I could never be a one on one advo...":  
I totally relate 😭

12:12:18 From Kendra Thurman to Everyone:

"Oh, that sounds so hard... tell me more." - Tabi

12:12:51 From Emily Vasquez to Everyone:

"The ministry of presence" - Tabi

I love that!!

12:13:44 From Kendra Thurman to Everyone:

Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger. - James 1:19 (ESV)

12:13:44 From Suzanne Neald to Everyone:

My husband used to say that to me 😭😭 why am I still talking 😭

12:13:54 From Dr. Jessica Evans to Everyone:

Replying to "QUESTION: I have had my name brought into the Disc...":

I would look this up to read further:

The relevant statute is N.J.S.A. 2A:84A-22.13 to 22.16. This law protects:  
Any communication made by a victim to a domestic violence counselor.  
Any advice, reports, or working papers prepared by the counselor in the course of their duties.

Qualifications:

The advocate must be affiliated with a recognized domestic violence program and have received at least 40 hours of domestic violence training, as defined by law.

12:14:08 From Teresa Wilcox to Everyone:

Sorry, my dog was being a dog.

12:14:49 From Amy Marcum to Everyone:

I can't hear joy

12:16:09 From Joy Forrest to Everyone:

Replying to "I can't hear joy":

Maybe because I'm outside. I'll get closer from now on.

12:16:12 From Jolene Underwood to Everyone:

Identification is when you have a similar story. IF mentioned at all, it should be limited to a couple sentences. It is also about THEM.

Example, "That sounds really confusing. I remember facing similar challenges..." Then to them.

This is also usually after rapport has been started with a survivor as they share. The focus is their story and experience.

12:16:12 From Melissa Parker to Everyone:

I have found that especially in first conversations, rapport is built much more quickly when I focus on learning more about the other person's story.

12:16:21 From Molly Leonardi to Everyone:

So helpful, it really can be invalidating to their story

12:16:43 From Tabitha Westbrook to Everyone:

Replying to "Identification is when you have a similar story. I...":

Always rapport first.

12:16:46 From Teresa Wilcox to Everyone:

Not everyone is worthy of your story

12:18:15 From Tracy Zimmerman to Everyone:

Replying to "And this is why I could never be a one on one advo...":

You have a great big heart and listen well. Just because you are outgoing and talk does not mean you do not listen. You would make a great advocate!

12:18:18 From Kendra Thurman to Everyone:

"You never deserved to be treated that way." - Dr. Debra

12:18:39 From Merrilee Carlson SGL to Everyone:

I am really working on avoiding connecting to survivors by saying "that happened to me too" and then going off on my story. I appreciate this lesson. I see this lesson as confirmation that I need to stop talking.

12:19:11 From Cathleen Karbach to Everyone:

QUESTION - what if the victim is considering an action that would be disastrous, should we try to talk her out of it?

12:19:34 From Tabitha Westbrook to Everyone:

Replying to "QUESTION - what if the victim is considering an ac...":

We will cover that in this course

12:20:50 From christine umthun to Everyone:

When I work with women in recovery, I have them make a pro/con list to help in decision making

12:20:53 From Kendra Thurman to Everyone:

Replying to "QUESTION - what if the victim is considering an ac...":

You can help her see the pros/cons of a decision, yet at the end of the day, she is the one who will be living with the impacts of her choice. Many times, she has a series of "unfavorable" options from which to choose.

12:21:01 From Tabitha Westbrook to Everyone:

Replying to "And this is why I could never be a one on one advo...":

And we can learn all manner of skills, I possess many words. And I get to choose when I use them.

12:21:19 From Jolene Underwood to Everyone:

It can be easy to take on a role that puts us in the "leader" position, which leads us to want to answer questions and be the one who knows more than another.

We can be mindful of that when it happens. Just notice it. Then redirect attention to the client's experience and story.

12:22:12 From Julie Burns to Everyone:

QUESTION: I wonder about the difficulty of not telling one's own story. Sometimes I wonder if it is because there is still significant healing to be done personally. Can you speak to that? We have a committee of survivors who work with our agency. Several cannot seem to listen w/o sharing all their details again.

12:22:23 From Teresa Wilcox to Everyone:

Brent Brown defines courage as "telling your story with your whole heart" - her definition is based on the old English (from L) practice of naming people "wicked heart" "sad heart" - it's where brave heart comes from - cor- L- the heart, that which lives within us

12:22:29 From Jolene Underwood to Everyone:

Validation is validating that their experience is their experience. Their choice is the choice they made. Their distress is theirs.

It not the same as agreeing to solutions or beliefs.

12:23:14 From Tabitha Westbrook to Everyone:

Replying to "QUESTION: I wonder about the difficulty of not te...":

I would say they are not quite ready and they are struggling with boundaries.

12:23:28 From Jolene Underwood to Everyone:

Replying to "QUESTION: I wonder about the difficulty of not te...":

That sounds like an indication that they may not have had enough healing to be WITH. If their nervous system is easily ignited, they need more help for themselves.

12:23:31 From Suzanne Neald to Everyone:

Can you type what Tabitha said

12:23:36 From Deborah Stahl Waters to Everyone:

pic-e3496ffb-33bf-4015-b952-7c1ac623598e.jpg

12:24:32 From Tabitha Westbrook to Everyone:

Replying to "Can you type what Tabitha said":

Validation does not equal agreement. If someone tells you something they are doing that is destructive we can validate they are trying to get a need met and things have been hard. We don't have agree with unhealthy acting ut.

12:24:34 From Freddy Chakhachiro to Everyone:

Staying is hard and leaving is hard. She lives the consequences of both choices. She has to choose her hard.

12:24:44 From Tabitha Westbrook to Everyone:

Replying to "Staying is hard and leaving is hard. She lives th...":  
Exactly

12:24:50 From Julie Burns to Everyone:

Replying to "QUESTION: I wonder about the difficulty of not te...":  
So hard to ask someone to step back a bit.... These women all want so much to be used, make a difference, etc. God's timing is so often slower than they want.

12:25:47 From Suzanne Neald to Everyone:

Without knowing it my advocate was training me to think for my set.

12:25:48 From christine umthun to Everyone:

WHY questions are often not helpful. It's a big trigger for me!

12:26:14 From Dr. Jessica Evans to Everyone:

Replying to "WHY questions are often not helpful. It's a big t...":  
Yes. We are going to talk all about this in this course and why the "why's" are triggering. Open ended questions for the win!

12:26:46 From Melissa Knoll to Everyone:

Sorry late, Dr appt.

12:27:01 From Naomi Jubilee to Everyone:

Also, if you were to say something like, go file a DVPO, and they do, and something doesn't work out, they can come back and say YOU told me to do this..

12:27:59 From Tiffany Bronson to Everyone:

I was the promiscuous one for sure. It took SA therapy to understand why I was doing it. It took quite some time to learn myself & resolve those things.

12:28:30 From Christie Crandall to Everyone:

Replying to "WHY questions are often not helpful. It's a big t...":  
Someone told me once regarding raising kids, never ask them a question with the words "why" and "you" in the same sentence. Been so helpful

12:29:32 From Suzanne Neald to Everyone:

I love this class. It's so informative

12:30:17 From Kendra Thurman to Everyone:

Getting curious about your own thought process

12:30:47 From Julie Burns to Everyone:

Replying to "I was the promiscuous one for sure. It took SA the...":



What written resources helped you? I have several clients in this space and gave them Tabitha's new book. Many cannot afford counseling but can read a book

12:31:42 From Karen Runkle to Everyone:

Karen from WI - sorry I'm late.. work meeting conflicted

12:32:16 From Jolene Underwood to Everyone:

Replying to "QUESTION: I wonder about the difficulty of not te...":

@Julie Burns For sure. If there is room to offer feedback, it could be helpful to share what you're noticing. If they don't respond well, that's another sign they aren't ready.

12:32:46 From Julie Burns to Everyone:

Replying to "QUESTION: I wonder about the difficulty of not te...":  
awesome advice!

12:32:46 From KAMILLA to Everyone:

Here is the updated Chart/Timeline for documenting behaviors:

<http://www.houseofpeacepubs.com/wp-content/uploads/2024/04/Timeline-of-Controlling-Events.pdf>

12:33:12 From Tabitha Westbrook to Everyone:

Replying to "I was the promiscuous one for sure. It took SA the...":

I'm going to run some groups related to my book. We'll walk through the concepts and practical tools. It'll be this summer. Folks who are interested can reach out to me at [info@thejourneyandtheprocess.com](mailto:info@thejourneyandtheprocess.com)

12:33:19 From KAMILLA to Everyone:

Four C's of Coercive Controllers: Cunning, Conning, Convincing, Charming

12:34:04 From KAMILLA to Everyone:

BIFF - <https://www.highconflictinstitute.com/biff-responses>  
Brief

Informative

Friendly

Firm

12:34:31 From KAMILLA to Everyone:

JADE - <https://lifesavingdivorce.com/tag/jade/>  
AVOID:

Justify your actions

Argue to prove you are right

Defend yourself

Explain why you did something.

12:34:44 From Julie Burns to Everyone:

Replying to "I was the promiscuous one for sure. It took SA the...":

Clients??? Oh my goodness. I have 3-4 who would benefit if they will join you. Could I be a part of it also?

12:35:22 From Teresa Wilcox to Everyone:

BIFF and JADE are good to use in everyday life as well

12:35:49 From Tabitha Westbrook to Everyone:

Replying to "I was the promiscuous one for sure. It took SA the...":

@Julie Burns YEP! Open to ANY females who would like to participate, anywhere on earth.  
Gonna do it via Zoom.

12:36:16 From Dr. Jessica Evans to Everyone:

Replying to "JADE - <https://lifesavingdivorce.com/tag/jade/> Jus...":

Just to clarify, we encourage survivors to avoid these things.

12:36:23 From Tabitha Westbrook to Everyone:

Replying to "BIFF and JADE are good to use in everyday life as ...":

Yes they are!

12:36:27 From Julie Burns to Everyone:

Replying to "I was the promiscuous one for sure. It took SA the...":

This is like a life raft for some of my folks!!!! PTL!

12:37:34 From Melissa Spann to Everyone:

Melissa Spann SC

12:37:57 From Tabitha Westbrook to Everyone:

I am working to change the therapy world on that one!!

12:39:39 From Karen Stinchcomb to Everyone:

Replying to "I am working to change the therapy world on that o...":

Careful you don't get whiplash with your nodding! 😂 Thank you for your care for us and so many!

12:39:45 From Karen Runkle to Everyone:

Karen from WI - sorry I'm late.. work meeting conflicted

12:40:19 From Jolene Underwood to Everyone:

We are actually responsible to steward the life we've been given. The self God created.

12:40:52 From Kendra Thurman to Everyone:

Resource list from Advocate, Peter Escue, re: Technology safety (available on the first course's webpage): <https://www.houseofpeacepubs.com/wp-content/uploads/2024/03/CombatingTechnology-enabledAbuse.pdf>

12:40:56 From judy beachy to Everyone:  
Write that paper, Tabi!

12:41:17 From LEANNE Parsons to Everyone:  
Soul care is not selfish it is stewardship!

12:41:41 From Jolene Underwood to Everyone:  
Self-stewardship and soul-stewardship are topics I talk about a lot because there is so much LIFE to experience with God when we are honest about who we are, how he sees us, what God provides, and so on.

12:42:06 From Melissa Knoll to Everyone:  
a lot of Christian women struggle with the term self care. Thanks for addressing

12:42:37 From Melissa Parker to Everyone:  
Women are so often taught to be "self-less" and deny basic needs. I often ask women to think about what they would want for their sister or their best friend and treat themselves the same way.

12:42:51 From Tabitha Westbrook to Everyone:  
Replying to "Women are so often taught to be "self-less" and de...":  
Which is actually oppression...

12:42:56 From Melissa Spann to Everyone:  
Replying to "Self-stewardship and soul-stewardship are topics I...":  
I would love to hear some of your YouTube videos on this topic - I occasionally find your YouTube videos

12:43:04 From Karen Stinchcomb to Everyone:  
The book The Whole Life by Eliza Huie is 52 bite size things to think about on self stewardship.

12:44:11 From Tabitha Westbrook to Everyone:  
Replying to "Self-stewardship and soul-stewardship are topics I...":  
Jolene's YouTube channel is awesome!

12:44:11 From Amy Marcum to Everyone:  
Replying to "Women are so often taught to be "self-less" and de...":  
So good. I thought "me time" was ridiculous. I ran myself into the ground with a destructive marriage and 12 kids. The last two years have been recovery from this concept.

12:44:14 From Ellen Bennett to Everyone:  
Replying to "QUESTION; Diane Langberg was mentioned....is she "et...":  
What is your podcast called Tabi?

12:44:18 From KAMILLA to Everyone:

Check out Tabi's podcast at "HEY TABI".

12:44:24 From Tabitha Westbrook to Everyone:

Replying to "QUESTION; Diane Langberg was mentioned....is she "et...":  
@Ellen Bennett Hey Tabi

12:44:25 From Jane Grimm to Everyone:

Your podcasts are excellent and a great supplement to this course, Tabi. Thankful for them. (:

12:44:30 From Tondalayo Royster to Everyone:

Tabby, does your podcast available for Android phone users?

12:45:00 From Tabitha Westbrook to Everyone:

Replying to "Tabby, does your podcast available for Android pho...":  
Yep! It's on all the podcast platforms

12:45:20 From Jane Grimm to Everyone:

Replying to "Tabby, does your podcast available for Android pho...":  
I watch her podcasts all the time on my Android phone on YouTube or FB


12:46:14 From Tondalayo Royster to Everyone:

Replying to "Tabby, does your podcast available for Android pho...":  
Yep, just searched it on youtube and found it. Yay! Thank you

12:46:24 From Nathalie Perkins to Everyone:

I like the wording "coercive controlled trauma-informed" so much better for therapists. I had a trauma course in school, and I would think the majority of programs do. However, it was not specialized and was very general. Teaching clients to use their voice and ask their therapist if they have further training in coercive control and DV is important. I work with plenty of clinicians that don't!

12:46:40 From Jolene Underwood to Everyone:

Replying to "Self-stewardship and soul-stewardship are topics I...":  
@Melissa Spann I think I have some on the topic and can share in the group. I know I have them in the Growing You community. I'll check though and consider new ones to create. Feel free to send suggestions for me to consider! I'm currently working on ones related to emotional honesty (which is an aspect that falls in healthy self stewardship).  
Melissa Spann: 

12:46:55 From Tabitha Westbrook to Everyone:

Replying to "I like the wording "coercive controlled trauma-inf...":  
Sooo many that don't

12:47:42 From Nathalie Perkins to Everyone:

Replying to "I like the wording "coercive controlled trauma-inf...":  
Yes, I experienced it myself. It was retraumatizing.

12:48:55 From Naomi Jubilee to Everyone:

And also, the #1 thing newly onboarded advocates are hesitant to assist with are court/custody-related situations, but you are never on your own!

*Court related consults can be requested from Dr. Debra and Dr. Jess*

12:49:06 From KAMILLA to Everyone:

Pro se – she represents herself without an attorney

12:49:26 From Kendra Thurman to Everyone:

The 3 E's: Where do you see yourself using these in your advocacy work?

12:58:44 From Tiffany Bronson to Everyone:

This is my first class ever and I'm learning a lot already! Thank you 🙏

Becky Webb, Molly Leonardi, Jolene Underwood, Michele Daniels, Tracy Zimmerman: ❤️

Teresa Wilcox, Kendra Thurman: 🎉

Tricia Foster, Judy Beachy: 💜

Jane Grimm: 😊

Dr. Jessica Evans, Helenmary Brown: 🙏

12:59:29 From Helenmary Brown to Everyone:

Welcome Tiffany! ❤️ 👍

Tiffany Bronson: ❤️

13:00:04 From Amy Marcum to Everyone:

Im still in the healing process, but have had a few women share they too are in destructive marriages. I am in this course to learn for myself and for the future, for others. This section is very helpful, pulling it all together. The reminder to listen is soo good for me. I am a "fixer". I will be a much better listener and have more direction after this particular section. "Bulletpoints" to help.

Dana Papadopoulos, Tiffany Bronson, Emily Vasquez, Joy Forrest: ❤️

Kim Brown: 💙

13:00:50 From Teri Newell to Everyone:

In my opinion this particular class is the most beneficial of them all in giving specific tools in how to be more effective in our communication with almost everyone. LOVE IT

Dr. Jessica Evans, Joy Forrest: ❤️

Teresa Wilcox: 👍

Jolene Underwood, Kendra Thurman: ❤️

13:01:20 From Sharon Flynn to Everyone:

Will we have instruction on how to untwist scripture?

13:01:31 From Tiffany Bronson to Everyone:

Replying to "Im still in the healing process, but have had a fe...":

You're in the right place! I hope you continue to find more revealed by God as you progress through your journey.

13:02:03 From Dr. Jessica Evans to Everyone:

Replying to "Will we have instruction on how to untwist scriptu...":

Throughout all of the courses you will hear us talk about commonly twisted scriptures. Also, Rebecca Davis' books are a great resource!

13:02:05 From Michele Daniels to Everyone:

In the reformed world (where there can be a lot of control) there can be a this sense that you are obligated to go through the church courts. The church courts are so hard to go through, understanding the rules in itself is very hard. But even if you don't have trauma it can consume you, but for a victim It can also be SO re-Traumatizing.

Joy Forrest: 😞

Dr. Jessica Evans: 🙄

13:02:11 From Tricia Foster to Everyone:

Replying to "This is my first class ever and I'm learning a lot...":

Yayyyy!

13:02:25 From Kendra Thurman to Everyone:

Replying to "Will we have instruction on how to untwist scriptu...":

This is sprinkled throughout the courses.

Rebecca Davis also has a series of books on this topic.

13:02:54 From Dr. Jessica Evans to Everyone:

Replying to "Welcome Tiffany! ❤️👍":

Welcome!!

13:02:56 From Jolene Underwood to Everyone:

Replying to "Will we have instruction on how to untwist scriptu...":

Sharon, I plan to create a modification of Unleash Sheets that is specific to untwisting scriptures, if you'd like to offer feedback and try it out when I finish, let me know.

I also cover some phrases and scripture in a series on YouTube. Christian Phrases that Keep You Stuck, Hidden, & Hurting. I dive into how or why some may be helpful, then why the message isn't for many.

Joy Parks, Jane Grimm: ❤️

Dr. Jessica Evans: 🙄

Kim Brown: 💙

13:03:22 From Heather Martin to Everyone:

I am brand new too! You all are an encouragement! ❤️

Molly Leonardi, Tiffany Bronson, Joy Parks, Tracy Zimmerman, Jolene Underwood, Meg

Avey: ❤️

judy beachy, Helenmary Brown: 💜

13:03:38 From Nathalie Perkins to Everyone:

I am a couple of quizzes behind, and I am having trouble locating them again. Where are they?

13:03:58 From Joy Parks to Everyone:

Replying to "I am brand new too! You all are an encouragement! ❤️...":

It's great stuff Heather

Heather Martin: ❤️

13:04:22 From Kendra Thurman to Everyone:

Replying to "I am a couple of quizzes behind, and I am having t...":

They are posted near the bottom of the course webpages (following the fourth/last class session).  
They are also posted in the Google Classroom.

13:04:53 From Heather Martin to Everyone:

Replying to "I am brand new too! You all are an encouragement!❤️...":

The verse that comes to mind...They perish for lack of knowledge. Well there is such a wealth of knowledge here! I am soaking it in like a sponge!!

Joy Forrest, Tracy Zimmerman, Jennifer Smart: ❤️

judy beachy: 💜

13:04:56 From Nathalie Perkins to Everyone:

Replying to "I am a couple of quizzes behind, and I am having t...":

Thank you!

13:05:00 From KAMILLA to Everyone:

OUR ADVOCATE COORDINATORS:

Dianthe Cardwell's email: [dianthe@calledtopeace.org](mailto:dianthe@calledtopeace.org)

Naomi Jubilee's email: [Naomi@calledtopeace.org](mailto:Naomi@calledtopeace.org)

13:05:04 From Amy Marcum to Everyone:

Replying to "Will we have instruction on how to untwist scriptu...":

There is also a list of scriptures being put together in a topographical form. Im not sure when it will be shared but it might also be an idea to share it and have others add to it. The idea though, was to make a short reference to learn from and also to refer to in order to have the verses at your fingertips.

Dr. Jessica Evans, Joy Forrest, Rose, Helenmary Brown, Jolene Underwood: ❤️

Kim Brown: 💙

13:05:28 From Joy Forrest to Everyone:

Replying to "I am brand new too! You all are an encouragement!❤️...":

Yes, Hosea 4:6

Heather Martin: ❤️

13:05:32 From Dr. Jessica Evans to Everyone:

Replying to "I am a couple of quizzes behind, and I am having t...":

For example, if you go to the last course webpage here and scroll down to the bottom you'll see a "quiz link" section.

<https://www.houseofpeacepubs.com/abuser-typologies/>

13:05:57 From Dr. Jessica Evans to Everyone:

Replying to "I am brand new too! You all are an encouragement!❤️...":

Yay, welcome!!!

Heather Martin: ❤️

13:06:13 From Rose to Everyone:

Replying to "Will we have instruction on how to untwist scriptu...":

Would love having this list of scripture for a reference resource

Helenmary Brown: ❤️

13:07:07 From Kim Brown to Everyone:

Replying to "Im still in the healing process, but have had a fe...":

@Amy Marcum me too! My exact situation and future goals!

Tiffany Bronson: ❤️

13:07:31 From Amy Marcum to Everyone:

Replying to "Will we have instruction on how to untwist scriptu...":

@Rose this is why I asked for it. Its going to be amazing to have! I'll make sure when we get it "finished" that it will be shared here for sure! And beyond.

Kim Brown, Rose: 💙

13:08:42 From KAMILLA to Everyone:

Replying to "Will we have instruction on how to untwist scriptu...":

Rebecca Davis – "Untwisting Scriptures." <https://a.co/d/aJJJO4k>

Helenmary Brown: ❤️

13:08:51 From Beth Burke to Everyone:

pastor

Molly Leonardi, Dana Papadopoulos: 👍

judy beachy: 👍

13:09:08 From Jane Grimm to Everyone:

Replying to "Will we have instruction on how to untwist scriptu...":

@Jolene Underwood Where are your Unleash Sheets available?

13:10:20 From Jolene Underwood to Everyone:

Replying to "Will we have instruction on how to untwist scriptu...":

@Jane Grimm <https://joleneunderwood.com/unleash>

When I do the untwisting sheet, I'll need people to test the process. It will be designed to work through messages that got distorted and the impact they've had on you. I'll be looking for feedback to make sure it's helpful. Then I'll add it to the online version for anyone who's ever purchased Unleash Sheets.

Jane Grimm: 👍

13:10:54 From Dr. Jessica Evans to Everyone:

For Dr. Debra's checklists referenced on this slide, when you visit this page and click on each checklist, it won't open a new page. It should trigger a download of the document to your computer so you or your survivor can complete the checklist. It works for me. If you have trouble, let Dr. Debra or I know. [Faith.advocacy8@gmail.com](mailto:Faith.advocacy8@gmail.com)

<https://www.houseofpeacepubs.com/cc-assess/>



*We've noticed that when you use Google Chrome, some are having issues getting it to download, while Safari browser seems to work fine.*

Helenmary Brown: 👍

13:11:55 From Sharon Flynn to Everyone:

Replying to "Will we have instruction on how to untwist scriptu...":

Joelene I am very interested in your Unleash Sheets. I would like to try the out. Please tell me how to access them.

13:13:07 From christine umthun to Everyone:

I was not able to get the assessment to download earlier today.

13:13:25 From Jennifer Smart to Everyone:

Replying to "I am brand new too! You all are an encouragement!♥...":

hi Heather! Sooo cool to see you here :) :)

Heather Martin: ♥

13:13:33 From Jolene Underwood to Everyone:

Replying to "Will we have instruction on how to untwist scriptu...":

@Sharon Flynn If you'd like to test the process, you can sign up for my free workshop which is available through June 15th. It's designed for reflections and processing after the retreat, but I walk through the process.

I just need your email address.

The Sheets can be purchased online at: <https://joleneunderwood.com/unleash> . The online version means you get all updates in the future and additional videos for added help.

Jane Grimm: 👍

13:13:44 From Tracy Zimmerman to Everyone:

To the new people the page where you click on to get to class has most of the resources from class and if not will soon after class

13:14:04 From Tiffany Bronson to Everyone:

Replying to "To the new people the page where you click on to g...":

I have no clue where to go :)

13:14:14 From Jolene Underwood to Everyone:

Welcome to all the new participants! I'm so glad you're finding the course helpful!

Tracy Zimmerman, Helenmary Brown, Tiffany Bronson: ♥

Helenmary Brown: 👍

13:14:28 From Tiffany Bronson to Everyone:

Replying to "To the new people the page where you click on to g...":

I think I saw an email with the information in it somewhere. I'll check

Tracy Zimmerman: 👍

13:14:57 From Jane Grimm to Everyone:

Replying to "Will we have instruction on how to untwist scriptu...":  
Thank you, Jolene.

13:15:27 From Kimberly VanKlompberg to Everyone:

Naomi, this is a very helpful tool!  
Nathalie Perkins, Naomi Jubilee: ❤️

13:15:40 From Jolene Underwood to Everyone:

Replying to "Will we have instruction on how to untwist scriptu...":  
@Jane Grimm You're welcome!

13:15:59 From Kendra Thurman to Everyone:

The prudent sees danger and hides himself. (Proverbs 27:12)

13:16:21 From Helenmary Brown to Everyone:

Thank you all so much!

13:16:21 From Teresa Wilcox to Everyone:

Joy, have a great time!  
Joy Forrest: ❤️

13:16:22 From Tondalayo Royster to Everyone:

Thank you so much for your time and today's lesson. Take care Joy!

13:16:23 From Amy Marcum to Everyone:

Great class!

13:16:28 From Heather Martin to Everyone:

Thank you ladies!!

13:16:30 From Kimberly VanKlompberg to Everyone:

great class!!

13:16:34 From Kim Brown to Everyone:

thank you

13:16:35 From Lisa Kiser to Everyone:

Thank you so much!!