

<https://vimeo.com/1170019962/a95b77784b?share=copy&fl=sv&fe=ci>

2026-03-03 11:28:13 From Jolene Underwood to Everyone:

I'm convinced I'm allergic to TX. 😊

2026-03-03 11:28:34 From D'vana Carrion to Everyone:

Dvana Carrion, Middleburg Heights

2026-03-03 11:28:43 From Tabitha Westbrook to Everyone:

Replying to "I'm convinced I'm allergic to TX. 😊":

Oh look the flowers are beautiful... Oh no it's tornado season!

2026-03-03 11:28:51 From KAMILLA to Everyone:

2026 He Makes All Things New Women's Retreat – April 30-May 3, 2026

in Lake Junaluska, North Carolina with Diane Langberg, Nicole C. Mullins, Elyse Fitzpatrick and Joy Forrest plus many more!

The theme is "God is the Strength of my Heart" from Psalm 73.

Mark your calendars and plan to join us!!

Register today at: <https://calledtoplace.org/survivor-healing-retreat>

2026 Retreat Info Page including the list of Breakout

Speakers: <https://calledtoplace.org/survivor-healing-retreat>

2026-03-03 11:29:08 From Greta Pouliot to Everyone:

This is Greta Pouliot,

Good afternoon to all of you! Continued prayers Joy! 🙏

2026-03-03 11:29:18 From Kristan Byrd to Everyone:

I have a quick question - where do I access the slides for this months training?

2026-03-03 11:29:27 From Debra Scales to Everyone:

Good Day - New York! Debra Scales 💜

2026-03-03 11:29:33 From D'vana Carrion to Everyone:

Happy birthday!!!

2026-03-03 11:29:35 From Suzanne Maxwell to Everyone:

Happy birthday, Jess!

2026-03-03 11:29:36 From Debbie Doyle to Everyone:

Happy birthday Jess ❤️

2026-03-03 11:29:37 From Keri Drowatzky to Everyone:

Happy birthday Jessica!

2026-03-03 11:29:46 From Suzanne Maxwell to Everyone:  
It's my dog's 13th birthday today!! Mocha!

2026-03-03 11:29:47 From Kristan Byrd to Everyone:  
Happy Bday!

2026-03-03 11:29:47 From Sherrie Wilson to Everyone:  
happy Birthday DR. Jessica

2026-03-03 11:29:50 From Keri Drowatzky to Everyone:  
Keri Drowatzky here

2026-03-03 11:29:51 From Tamara "Tammy" Howard\_AZ to Everyone:  
Ah....Happy Birthday !!! 🎂

2026-03-03 11:29:52 From Ariella L to Everyone:  
Happy Birthday!!

2026-03-03 11:29:56 From Tabitha Westbrook to Everyone:  
WHOOOOO JESS! So glad you were born!!

2026-03-03 11:30:00 From Joy Forrest to Everyone:  
Replying to "Message sent before you joined the meeting":  
I'm coming AZ tomorrow!

2026-03-03 11:30:02 From Ann Allen to Everyone:  
Hello Annie Allen from Nashville,TN ...happy blessed birthday Jess!

2026-03-03 11:30:02 From Susan Yoder to Everyone:  
Susan Yoder, Howard Ohio

2026-03-03 11:30:02 From Greta Pouliot to Everyone:  
Happy Birthday!!!! 🎁🍰

2026-03-03 11:30:02 From Dr. Jessica Evans to Everyone:  
Thank you all!!!

2026-03-03 11:30:09 From Anna Warde to Everyone:  
Anna Warde- Maine

2026-03-03 11:30:11 From Keri Drowatzky to Everyone:  
Happy Birthday 🍰

2026-03-03 11:30:11 From Amy Lucas to Everyone:  
Happy Birthday Jess!!

2026-03-03 11:30:15 From Tansil Sandlin to Everyone:  
HAPPY BIRTHDAY!!!!!!!!!!

2026-03-03 11:30:16 From Anna Warde to Everyone:  
Happy birthday!!

2026-03-03 11:30:19 From Marcie Schmidt to Everyone:  
Marcie Schmidt NC

2026-03-03 11:30:20 From Christine Foster to Everyone:  
Birthday Blessings Dr. Jess 🥳

2026-03-03 11:30:22 From Sherrie Wilson to Everyone:  
🥳

2026-03-03 11:30:25 From Johanna Dempster to Everyone:  
Happy Birthday from Johanna in Idaho

2026-03-03 11:30:26 From Debra Scales to Everyone:  
Happy Birthday Dr. Jess 🥳🎉

2026-03-03 11:30:28 From Marcie Schmidt to Everyone:  
Happy Birthday Dr Jess!

2026-03-03 11:30:28 From Tamara "Tammy" Howard\_AZ to Everyone:  
Pizza is way better than cake

2026-03-03 11:30:31 From Dawn Jones to Everyone:  
Happy Birthday!!

2026-03-03 11:30:32 From Deborah Stahl Waters to Everyone:  
🎉 Dr Jessica, A Very Happy Birthday 🍷🥳🌸🎈

2026-03-03 11:30:34 From LeeAnn Howarth to Everyone:  
🥳. Have a blessed birthday!

2026-03-03 11:30:34 From Tansil Sandlin to Everyone:  
Tansil Sandlin - Arkansas

2026-03-03 11:30:35 From Dr. Jessica Evans to Everyone:  
Replying to "It's my dog's 13th birthday today!! Mocha!":  
Me and Mocha!!

2026-03-03 11:30:36 From Christine Wilson to Everyone:  
Happy Birthday Jessica! What a gift you were born!!

2026-03-03 11:30:38 From Angela Soister to Everyone:  
Angela S from Dayton KY

2026-03-03 11:30:39 From Christine Foster to Everyone:

Christine Foster Eastern Panhandle of WV

2026-03-03 11:30:40 From Kim Brown to Everyone:  
Happy BIRTHDAY!!! 🥳

2026-03-03 11:30:44 From Kathy Ross to Everyone:  
Birthday Blessings Jess!

2026-03-03 11:30:45 From Stacy Wilburn to Everyone:  
Stacy Wilburn - Jamestown, NC

2026-03-03 11:30:45 From Debbie Doyle to Everyone:  
I thought that was all hands

2026-03-03 11:30:47 From BONITA LOVE to Everyone:  
Hello from Bonita Joy Love from South Carolina

2026-03-03 11:30:47 From Kim Bobe to Everyone:  
Happy Happy Birthday 🎂 🍷

2026-03-03 11:31:03 From Kathy Miller to Everyone:  
Kathy Miller- NE Ohio

2026-03-03 11:31:03 From Lynn Murray to Everyone:  
🎂

2026-03-03 11:31:08 From Stacy Wilburn to Everyone:  
Happy Birthday, Dr Jessica!! ❤️

2026-03-03 11:31:15 From Cindy Baltz-King to Everyone:  
Hi,

2026-03-03 11:31:15 From Heidi Hirsch to Everyone:  
Heidi Hirsch from Wooster, OH Happy Birthday!

2026-03-03 11:31:24 From Dr. Jessica Evans to Everyone:  
Replying to "I have a quick question - where do I access the sl...":

On the course webpage here-

<https://www.houseofpeacepubs.com/advocacy-courses/impacts-victims/>

2026-03-03 11:31:31 From Angie Hall to Everyone:  
Hi from Angie Hall from Warsaw IN. Happy birthday!

2026-03-03 11:31:37 From Suzanne Neald to Everyone:  
Suzanne Neald 🇺🇸

2026-03-03 11:31:39 From Kristan Byrd to Everyone:  
Replying to "I have a quick question - where do I access the sl...":

Thank you

2026-03-03 11:31:40 From Val's iPhone 12 Pro Max to Everyone:  
V Marini

2026-03-03 11:31:44 From Suzanne Maxwell to Everyone:  
Good morning from Suzanne Maxwell, Indiana

2026-03-03 11:31:49 From Kathy Ross to Everyone:  
Hi from Northcentral WI!

2026-03-03 11:31:50 From Jennifer Placke to Everyone:  
Jennifer Placke, Kansas City, MO

2026-03-03 11:31:51 From Tiffany Pearman to Everyone:  
Tiffany from Kentucky!

2026-03-03 11:31:52 From Cindy Baltz-King to Everyone:  
Cindy Baltz King here from TN

2026-03-03 11:31:57 From Kara Ghiloni to Everyone:  
Kara Ghiloni - San Diego, CA

2026-03-03 11:32:04 From Stephanie T to Everyone:  
Stephanie T. Connecticut. Good Morning!!!

2026-03-03 11:32:05 From Karen Wilkinson to Everyone:  
Good morning from Tallmadge, Ohio

2026-03-03 11:32:06 From Cathy Zaremba to Everyone:  
Happy Birthday Jess!

2026-03-03 11:32:20 From Nichelle i to Everyone:  
Nichelle from Kansas

2026-03-03 11:32:23 From Karen Wilkinson to Everyone:  
I accept hugs!

2026-03-03 11:32:23 From BONITA LOVE to Everyone:  
Replying to "It's my dog's 13th birthday today!! Mocha!":  
Aww, so sweet, Suzanne!

2026-03-03 11:32:24 From Martha Curfman to Everyone:  
Greetings from Northeast Ohio

2026-03-03 11:32:25 From Kay Conner to Everyone:  
Kay Conner - Tri Cities, WA

2026-03-03 11:32:26 From Angela Bamford to Everyone:  
Good morning- Angela B from Raleigh, NC

2026-03-03 11:32:28 From Mary Sue Owsley to Everyone:  
Mary Sue Owsley from Idaho

2026-03-03 11:32:39 From Conny Hubbard to Everyone:  
hello from North Carolina

2026-03-03 11:32:44 From Kelly Nussbaum to Everyone:  
Kelly Nussbaum in Ohio

2026-03-03 11:32:45 From Heather Martin to Everyone:  
Heather Martin from Shippensburg, PA. 😊

2026-03-03 11:32:49 From Simone Diana-Arellano to Everyone:  
Hello from Long Island NY

2026-03-03 11:33:05 From Lisa Guillory to Everyone:  
Hello from Wisconsin

2026-03-03 11:33:19 From Helenmary Brown to Everyone:  
Hi from Collinsville VA. Please pray for my family. Thank you.

2026-03-03 11:33:36 From Joy Forrest to Everyone:  
Replying to "Message sent before you joined the meeting":  
Ok!

2026-03-03 11:33:44 From Darlene Hills-Clinkscale to Everyone:  
Good morning, Blessings, Everyone. Darlene Hills-Clinkscale from Columbus, OH 💜

2026-03-03 11:33:47 From Ann Allen to Everyone:  
When will we find out our room mate for conference?

*Answered live*

2026-03-03 11:33:53 From Kendra Thurman to Everyone:  
🍌

2026-03-03 11:33:54 From Giselle Messer to Everyone:  
Good morning from Giselle in Alberta, Canada

2026-03-03 11:34:03 From Susan Sharp to Everyone:  
Hi from Greenville, SC

2026-03-03 11:34:04 From Nora Cord to Everyone:  
Nora Cord, Green Ohio

2026-03-03 11:34:25 From Lorrie Weigand to Everyone:  
Good morning, Lorrie Weigand- Forest, VA

2026-03-03 11:34:43 From Erin Greenwood to Everyone:  
Erin G from Florence, here

2026-03-03 11:34:56 From Amy Lucas to Everyone:  
Good morning, Amy Lucas, Kennett Square, PA

2026-03-03 11:34:59 From Tabitha Westbrook to Everyone:

For affiliated advocates - we are exploring a Body & Soul group to help female advocates be more comfortable with their own story and to have language to help others. We are evaluating scholarship needs. Here is the link if you're interested!

<https://link.iberasas.com/widget.htm?loc=PA&MID=137&id=1>

We will explore a group just for our male advocates in the future, too.

2026-03-03 11:35:01 From Brooke Shepherd to Everyone:  
Brooke Shepherd from Des Moines, IA. Happy to Be here!

2026-03-03 11:35:19 From Gemma Frederick to Everyone:  
Gemma Frederick Lewisburg, KY.

2026-03-03 11:35:27 From Sharon Flynn to Everyone:  
Hi from Sharon Flynn in Swansboro, NC!

2026-03-03 11:35:35 From Heidi Johnson to Everyone:  
QUESTION: What's an affiliated advocate?

*An advocate who completes at least the first 5 courses and gets onboarded with CTPM as an advocate*

2026-03-03 11:35:45 From Ladonna Hafen to Everyone:  
Ladonna Hafen Whitefish Montana

2026-03-03 11:35:47 From Dawn Jones to Everyone:  
QUESTION: Tabi, do you know when the group would start?

2026-03-03 11:36:02 From Tabitha Westbrook to Everyone:  
Replying to "QUESTION: Tabi, do you know when the group would s...":  
Not yet. We haven't determined it at this moment.

2026-03-03 11:36:03 From Jennifer Dean to Everyone:  
Jennifer Dean, Maryland

2026-03-03 11:36:08 From Tamara "Tammy" Howard\_AZ to Everyone:  
Love that, I have areas I've never even explored in the healing realm.

2026-03-03 11:36:14 From Jaime Meunier to Everyone:

Hi from Alberta Canada

2026-03-03 11:36:24 From Nadege Forlu to Everyone:  
Nadege Forlu, Charlotte NC

2026-03-03 11:36:32 From Kim Brown to Everyone:  
Kim Brown North TX

2026-03-03 11:36:54 From Dr. Jessica Evans to Everyone:  
Dr. Debra: first 5 courses recommended (with class 6 on trauma being highly encouraged before or during onboarding) to pursue affiliation with CTPM/being onboarded

2026-03-03 11:36:55 From Heidi Johnson to Everyone:  
Replying to "QUESTION: What's an affiliated advocate?":  
Ah, ok. So you can't be affiliated until 5 courses have been completed and you've been onboarded. Correct?

2026-03-03 11:37:06 From Kendra Thurman to Everyone:  
Interested in becoming an Affiliated Advocate with Called to Peace Ministries?  
Become an Affiliated Advocate  
<https://docs.google.com/forms/d/e/1FAIpQLSevCkYDFXHNAmSobdDabvWDPKjgr25WASWbz3LgNRJgYucxhurn>

2026-03-03 11:37:10 From Helenmary Brown to Everyone:  
You do an outstanding job Debra!

2026-03-03 11:37:12 From Jaime Meunier to Everyone:  
Replying to "QUESTION: Tabi, do you know when the group would s...":  
sorry I going a bit late, what group is this?

2026-03-03 11:37:12 From Tabitha Westbrook to Everyone:  
Replying to " Ah, ok. So you can't be affiliated until 5 courses have been completed and you've been onboarded. Correct?":  
Yes.

2026-03-03 11:37:17 From Kat Nelson to Everyone:  
Hello Kat Nelson here

2026-03-03 11:37:34 From Dr. Jessica Evans to Everyone:  
Email [allhadvice@gmail.com](mailto:allhadvice@gmail.com) with interest in family court advocacy/shadowing us on cases

2026-03-03 11:37:37 From Mary Sue Owsley to Everyone:  
Replying to "For affiliated advocates - we are exploring a Body...":  
Just tried the link twice and it just comes up blank. It could be something on my end, but thought I'd let you know.

2026-03-03 11:37:49 From Beverly Strobl to Everyone:  
Beverly Strobl from Chester, VT

2026-03-03 11:38:12 From Amy Jo Thompson to Everyone:  
Amy Jo from Southern Oregon ❤️

2026-03-03 11:38:16 From BONITA LOVE to Everyone:  
Replying to "Hi from Greenville, SC":  
Hi Susan, I sent you a message.

2026-03-03 11:38:24 From Lynda Pope to Everyone:  
Lynda from Cedar Point NC

2026-03-03 11:38:28 From KAMILLA to Everyone:  
Dr. Debra and Dr. Jess can be reached at: [faith.advocacy8@gmail.com](mailto:faith.advocacy8@gmail.com)

2026-03-03 11:38:28 From Stephanie T to Everyone:  
So to clarify, you need to take the first five 4 class sessions of Advocacy training to be an affiliated advocate?

2026-03-03 11:38:31 From Kara Ghiloni to Everyone:  
Def want to be a part of that zoom!

2026-03-03 11:38:37 From Deann Wagner to Everyone:  
Hello!  
Deann Wagner, Harrison, AR

2026-03-03 11:38:39 From Tabitha Westbrook to Everyone:  
Replying to "For affiliated advocates - we are exploring a Body...":  
It's opening for me - could someone else try to open it?

2026-03-03 11:38:45 From Naomi Koch to Everyone:  
Naomi Koch - Valley City, ND

2026-03-03 11:38:51 From Marcie Schmidt to Everyone:  
Replying to "For affiliated advocates - we are exploring a Body...":  
opened for me with no issues

2026-03-03 11:38:52 From Stephanie Ford to Everyone:  
Replying to "For affiliated advocates - we are exploring a Body...":  
I got it to open

2026-03-03 11:38:57 From Tabitha Westbrook to Everyone:  
Replying to "So to clarify, you need to take the first five 4 c...":  
I believe its the first five.

2026-03-03 11:38:59 From Dr. Jessica Evans to Everyone:  
Zoom for affiliated advocates to learn about family court advocacy/shadowing protocol- 3/12 at 6:00pm EST

[faithadvocates@gmail.com](mailto:faithadvocates@gmail.com)

2026-03-03 11:39:00 From diane brinkley to Everyone:

Hello Diane in Hampton Va this week visiting mom. Normally in Troutville Va.

2026-03-03 11:39:02 From Christina Mills to Everyone:

Christie Mills from Myrtle beach, SC

2026-03-03 11:39:05 From Helenmary Brown to Everyone:

HAPPY BIRTHDAY JESSICA! ❤️🎁

2026-03-03 11:39:26 From KAMILLA to Everyone:

Reach out to Dr. Debra and Dr. Jess can be reached at: [faith.advocacy8@gmail.com](mailto:faith.advocacy8@gmail.com) for info on March 12 zoom meeting.

2026-03-03 11:40:03 From KAMILLA to Everyone:

REMINDER: If you have a question in the chat, please put QUESTION in all caps and then proceed questions!!

with your question. This makes it easier for our team to catch those all-important

If your QUESTION is not answered live, remember that the team will go back thru the chats and

respond to any unanswered questions before the replay is sent later this week.

2026-03-03 11:40:03 From Marcie Schmidt to Everyone:

Replying to "Zoom for affiliated advocates to learn about famil...":

QUESTION:Do we need to be affiliated already to attend this zoom?

2026-03-03 11:40:10 From Corrine Petit to Everyone:

Hi from Vermont!

2026-03-03 11:40:25 From Chris Yoder's iPad to Everyone:

Chris Yoder IN

2026-03-03 11:40:30 From Giselle Messer to Everyone:

Replying to "QUESTION: Tabi, do you know when the group would s...":

For affiliated advocates - we are exploring a Body & Soul group to help female advocates be more comfortable with their own story and to have language to help others. We are evaluating scholarship needs. Here is the link if you're interested!

<https://link.therasaas.com/widget/form/PtueGWa2j4Wl2OXPwdaD>

We will explore a group just for our male advocates in the future, too.

2026-03-03 11:40:38 From Dr. Jessica Evans to Everyone:

Replying to "Zoom for affiliated advocates to learn about famil...":

Yes, to shadow you have to be affiliated. Thank you for asking that. Forgot to say!

2026-03-03 11:40:40 From Heather Ives to Everyone:

☀️ Good morning! Heather Ives, SC

2026-03-03 11:40:45 From Robin Clark to Everyone:

Robin Clark - Tennessee

2026-03-03 11:41:42 From Helenmary Brown to Everyone:

Your books are outstanding!

2026-03-03 11:41:50 From Mary Sue Owsley to Everyone:

Replying to "For affiliated advocates - we are exploring a Body...":

I still am unable to get it to open. It flashes something really quick and then the page goes blank. I'm definitely interested in this group. Could you email me the form?

2026-03-03 11:42:09 From KAMILLA to Everyone:

House of Peace Publications website

<https://houseofpeacepubs.com/wordpress/home/>

2026-03-03 11:42:22 From Tabitha Westbrook to Everyone:

Replying to "For affiliated advocates - we are exploring a Body...":

@Mary Sue Owsley Message me your email addy and I'm happy to send the link!

2026-03-03 11:42:23 From BONITA LOVE to Dr. Jessica Evans (direct message):

Replying to "Thank you, Bonita!!":

You're welcome!

2026-03-03 11:42:26 From Tameika Green-Crane to Everyone:

Tameika Green-Crane from Edmonton Alberta

2026-03-03 11:42:26 From Heidi Johnson to Everyone:

Replying to "For affiliated advocates - we are exploring a Body...":

Could you try another browser?

2026-03-03 11:42:29 From Jolene Underwood to Everyone:

Replying to "For affiliated advocates - we are exploring a Body...":

@Mary Sue Owsley It could be helpful to try a different browser (Chrome, Edge, Safari, Firefox, Opera) or a private tab.

2026-03-03 11:42:57 From Corrine Petit to Everyone:

QUESTION: I missed last class and watched the replay. My question is around women seeking medical care after she leaves or even if she is in the relationship. How is her seeking care protected from the abuser? I am meaning around protecting her from him not accessing information through the health insurance, especially if he is the subscriber and receives the EOBs.

2026-03-03 11:43:06 From Michelle Baruth to Everyone:

Michelle in Neenah, WI

2026-03-03 11:43:09 From Erika Aliff to Everyone:

Hello everyone! Erika Aliff from NC!

2026-03-03 11:43:23 From Kendra Thurman to Everyone:

Tabi's book (ebook & audio) is available on Libby & Hoopla (free apps linked to your public library card).

2026-03-03 11:43:27 From Corrine Petit to Everyone:

Replying to "QUESTION: I missed last class and watched the repl...":  
If she has left, I could see that showing her location.

2026-03-03 11:43:52 From KAMILLA to Everyone:

Replying to "Tabi's book (ebook & audio) is available on Libby ...":  
Tabitha Westbrook – "Body and Soul, Healed and Whole: An Invitational Guide to Healthy Sexuality After Trauma, Abuse, and Coercive Control"  
<https://a.co/d/4puckll>

2026-03-03 11:44:24 From Kendra Thurman to Everyone:

REMINDER: If you have a question in the chat, please put QUESTION in all caps and then proceed with your question. This makes it easier for our team to catch those all-important questions!!

If we do not get to answer your QUESTION during the live class, remember that the team will annotate the chat, and you can read the response when the links are posted.

2026-03-03 11:44:37 From Dr. Jessica Evans to Everyone:

Published books from training team members-  
Dr. Debra- <https://a.co/d/01PwFrsg>  
Joy- <https://a.co/d/0b9eXOba>  
Tabi- <https://a.co/d/0dC096BU>

2026-03-03 11:44:59 From Tamara "Tammy" Howard\_AZ to Everyone:

Especially if drugs and alcohol are involved

2026-03-03 11:45:28 From Kendra Thurman to Everyone:

Remember to take good care of yourself - if you are feeling triggered, take some time to step away, take deep breaths, stretch, etc. You can come back and watch the recording.

NOTE: Please be discerning what details you share about your personal situation/history in the chat to avoid accidentally triggering another participant. Please avoid sharing details about anyone else's story.

2026-03-03 11:45:35 From Heidi Hirsch to Everyone:

02

2026-03-03 11:46:38 From Lynn Adams to Everyone:

Lynn A. MN

2026-03-03 11:47:02 From Kendra Thurman to Everyone:

Dr. Debra's Timeline Tool from the course webpage (will download to your device):

<http://www.houseofpeacepubs.com/wp-content/uploads/2024/04/Timeline-of-Controlling-Events.docx>

2026-03-03 11:47:21 From Christina Mills to Everyone:

Replying to "☀️ Good morning! Heather Ives, SC":  
I'm also in SC

2026-03-03 11:47:47 From Jaime Meunier to Everyone:

had to restart my computer - back online from Alberta

2026-03-03 11:48:12 From Angela Bamford to Everyone:

QUESTION- does the mask drop correlate as they become more confident they have control?

2026-03-03 11:49:59 From Kendra Thurman to Everyone:

Describe (behaviors/tactics) - don't use labels! - Dr. Debra

2026-03-03 11:51:00 From Joy Forrest to Everyone:

Replying to "QUESTION- does the mask drop correlate as they bec...":  
Absolutely

2026-03-03 11:51:01 From KAMILLA to Everyone:

Dr. Debra's Advanced course on Cognitive Distortions:  
<https://www.houseofpeacepubs.com/advanced-cognitive/>

2026-03-03 11:52:22 From Kendra Thurman to Everyone:

"When submission is forced, it becomes subjugation." - Dr. Chris Moles

2026-03-03 11:52:30 From Dr. Jessica Evans to Everyone:

Replying to "QUESTION: I missed last class and watched the repl...":  
This is a great question to bring to Q&A on 3/28 at noon Eastern!

2026-03-03 11:53:17 From Gemma Frederick to Everyone:

Interested in learning about comorbidity with the different motivations.

2026-03-03 11:53:24 From Tamara "Tammy" Howard\_AZ to Everyone:

QUESTION-Can they BE a combo?

2026-03-03 11:53:36 From Tabitha Westbrook to Everyone:

Replying to "QUESTION-Can they BE a combo?":  
Yes

2026-03-03 11:53:50 From Dr. Jessica Evans to Everyone:

Replying to "So to clarify, you need to take the first five 4 c...":  
Yes, first 5 courses recommended plus 6<sup>th</sup> recommended before or during onboarding

2026-03-03 11:53:55 From Christine Wilson to Everyone:

Replying to "QUESTION-Can they BE a combo?":  
I see all three in my ex

2026-03-03 11:54:05 From Tamara "Tammy" Howard\_AZ to Everyone:  
Replying to "QUESTION-Can they BE a combo?":  
Me too

2026-03-03 11:54:07 From Kat Nelson to Everyone:  
Can an abuser move in and out of these based on their circumstances?

2026-03-03 11:54:31 From Tabitha Westbrook to Everyone:  
Replying to "Can an abuser move in and out of these based on th...":  
Yes. Coercive controllers will use what works to get what they want in the moment.

2026-03-03 11:54:33 From Deborah Stahl Waters to Everyone:  
Oh yes, they can be eclectic!

2026-03-03 11:54:43 From Ladonna Hafen to Everyone:  
Leaving early for a meeting! I will catch the rest on the replay. Thank you!

2026-03-03 11:54:46 From Amy Marcum to Everyone:  
Amy Marcum louisville Ky

2026-03-03 11:54:48 From Dr. Jessica Evans to Everyone:  
These are listed in references slides at the end of slide deck

2026-03-03 11:55:09 From Wendi Andrews to Everyone:  
Wendi Andrews Cedar Point NC

2026-03-03 11:56:21 From Judy Vader to Everyone:  
Judy Vader f rom Michigan here.

2026-03-03 11:56:24 From Kat Nelson to Everyone:  
Question? Can the abuser move in and out of these mentalities based on the circumstance they're in? For example how much control he persieves he has or has lost?

2026-03-03 11:57:39 From KAMILLA to Everyone:  
Emma Katz – "Coercive Control in Children's and Mothers' Lives"  
<https://a.co/d/0NrXPKE>

2026-03-03 11:58:26 From Tabitha Westbrook to Everyone:  
Replying to "Question? Can the abuser move in and out of these ...":  
Yes

2026-03-03 11:59:09 From Debbie Doyle to Everyone:  
Replying to "Question? Can the abuser move in and out of these ...":  
I'd say "according to the needs of the moment" as assessed by the abuser

2026-03-03 11:59:25 From Kendra Thurman to Everyone:  
"The Heart of Domestic Abuse" - book by Chris Moles

<https://www.amazon.com/Heart-Domestic-Abuse-Solutions-Violence/dp/1936141272>

2026-03-03 11:59:25 From KAMILLA to Everyone:

Moles, Chris. (2015). "The heart of domestic abuse: Gospel solutions for men who use control and violence in the home". Focus Publishing

2026-03-03 11:59:48 From Cathy Zaremba to Everyone:

Replying to "Judy Vader f rom Michigan here."  
So am I Judy!

2026-03-03 12:00:14 From Tamara "Tammy" Howard\_AZ to Everyone:

Pride before the fall

2026-03-03 12:00:24 From Kendra Thurman to Everyone:

The attitude is, "My kingdom come; my will be done."

2026-03-03 12:01:45 From Judy Vader to Everyone:

Replying to "Judy Vader f rom Michigan here."  
@Cathy Zaremba I live in the UP.

2026-03-03 12:02:39 From KAMILLA to Everyone:

Don Hennessey – "How He Gets Into Her Head: The Mind of the Male Intimate Abuser". <https://www.amazon.com/How-Gets-Into-Her-Head/dp/1855942208>

2026-03-03 12:02:44 From Angela Bamford to Everyone:

QUESTION: Is making interactions transactional: If I do X, will you promise to Y? A common tactic to regain control?

2026-03-03 12:03:08 From Joy Forrest to Everyone:

Replying to "QUESTION: Is making interactions transactional: If...":  
Yes!

2026-03-03 12:03:11 From Cathy Zaremba to Everyone:

Replying to "Judy Vader f rom Michigan here."  
I live in the lower, mid-Michigan

2026-03-03 12:03:15 From Johanna Dempster to Everyone:

Lk

2026-03-03 12:03:28 From Johanna Dempster to Everyone:

They sulk

2026-03-03 12:03:29 From Christine Foster to Everyone:

Replying to "QUESTION: Is making interactions transactional: If...":  
Such a good question Angela. I was curious about this type of control too

2026-03-03 12:03:45 From Judy Vader to Everyone:

Replying to "Judy Vader f rom Michigan here.":



2026-03-03 12:04:05 From Christine Wilson to Everyone:

Do they often leaving the partner feeling that they believe they deserve special treatment? A sort of projection?

2026-03-03 12:04:26 From Tabitha Westbrook to Everyone:

Replying to "Do they often leaving the partner feeling that the...":

They'll use whatever it takes to manipulate and make it someone else's issue.

2026-03-03 12:05:04 From Dr. Jessica Evans to Everyone:

Dr. Debra referenced <https://susanstill.com> (Abuser Ulner Still's control)

2026-03-03 12:05:44 From Jolene Underwood to Everyone:

Replying to "QUESTION: Is making interactions transactional: If...":

It could be, particularly if there is a transfer of ownership, meaning the victim is expected to own responsibility for the outcome.

2026-03-03 12:06:14 From Dr. Jessica Evans to Everyone:

Debra: Not all CCers come across as superior and entitled (may not be overt). Covert entitlement comes across as passive aggressive (uses passivity) vs "in your face" entitled.

2026-03-03 12:06:24 From Tamara "Tammy" Howard\_AZ to Everyone:

Until Leslie Vernick I always thought HE didn't know what he was doing. 😞

2026-03-03 12:06:25 From Jill Steward to Everyone:

This is what I've been living!

2026-03-03 12:06:46 From Kendra Thurman to Everyone:

For the Lord of hosts has a day against all that is proud and lofty, against all that is lifted up—and it shall be brought low.(Isaiah 2:12)

2026-03-03 12:06:46 From Kathy Ross to Everyone:

QUESTION/CONCERN: How much is this belief being reinforced through churches?

*Answered live*

2026-03-03 12:06:53 From Dr. Jessica Evans to Everyone:

Replying to "Until Leslie Vernick I always thought HE didn't kn...":

<https://leslievernick.com>

2026-03-03 12:07:12 From Sharon Flynn to Everyone:

They are Dr. Jeckel vs. Mr. Hyde

2026-03-03 12:07:25 From Johanna Dempster to Everyone:

A lot

2026-03-03 12:07:37 From Kat Nelson to Everyone:

Replying to "Question? Can the abuser move in and out of these ...":  
Thank you. That brings some clarity

2026-03-03 12:07:44 From Angela Bamford to Everyone:

Replying to "QUESTION: Is making interactions transactional: If...":  
What do you mean by victim owning responsibility of outcome- if victim doesn't comply, then it's their fault if the marriage fails, they brought abuse on themselves, etc?

2026-03-03 12:08:15 From Dr. Jessica Evans to Everyone:

Wade Mullen's book: Something's Not Right: Decoding the Hidden Tactics of Abuse--and Freeing Yourself from Its Power-  
<https://a.co/d/0axQS4Xw>

2026-03-03 12:08:37 From Nadege Forlu to Everyone:

Why would some abusers record themselves abusing their spouse or child...some even post it online? Are they genuinely convinced that their behavior is a socially acceptable norm?

2026-03-03 12:10:07 From Joy Forrest to Everyone:

Replying to "QUESTION: Is making interactions transactional: If...":  
She takes the blame but it's not her fault.

2026-03-03 12:10:19 From Kendra Thurman to Everyone:

REMINDER: If you have a question in the chat, please put QUESTION in all caps and then proceed with your question. This makes it easier for our team to catch those all-important questions!!

If we do not get to answer your QUESTION during the live class, remember that the team will annotate the chat, and you can read the response when the links are posted.

2026-03-03 12:10:51 From Angela Bamford to Everyone:

Replying to "QUESTION: Is making interactions transactional: If...":  
Thank you for clarifying Joy

2026-03-03 12:10:54 From Heidi Johnson to Everyone:

Property - you are a wife appliance, is what they think.

2026-03-03 12:10:58 From Tamara "Tammy" Howard\_AZ to Everyone:

Sooooo SAD

2026-03-03 12:11:29 From Dr. Jessica Evans to Everyone:

Replying to "Why would some abusers record themselves abusing t...":  
Some thoughts....  
Perhaps the thrill, pride, feeling powerful, they feel they're justified...

2026-03-03 12:11:57 From Tamara "Tammy" Howard\_AZ to Everyone:

Yessss! I was told than you can pay for your own pizza if you want something different

2026-03-03 12:12:00 From Shelly Blankenship to Everyone:

Sorry so late. Rough morning! Hello from the Eastern Panhandle of WV!

2026-03-03 12:12:21 From Joy Forrest to Everyone:

Replying to "Why would some abusers record themselves abusing t...":

They like to humiliate their spouses. Who knows why. Had a guy record, but he only showed people the part where his wife reacted by screaming. He was setting her up.

2026-03-03 12:12:29 From Kendra Thurman to Everyone:

Every small decision becomes a "competition" that they must win.

2026-03-03 12:13:23 From Judy Caracheo, Crowns4Ruins LLC to Everyone:

Judy C in Texas

2026-03-03 12:13:39 From Debbie Doyle to Everyone:

This was something that showed me the reality of my situation... A decade ago, we visited our daughter in law (sep'd from our son at the time). Our eldest daughter "J" came along with us; the sleeping arrangements in the home meant "J" slept on the couch in the family room. In the AM, "J" was watching downhill skiing on the family room TV. My husband arrived in the family room, sat down and demanded possession of the TV remote control. "J" respectfully objected, "Dad, I am watching the downhill skiing." To this, my husband bellowed, "I am the father and patriarch of this family, and you WILL give me that remote control." I interjected, ""J" was here first and has a right to watch this program, plus this is not your house. You have no right to make these demands." ... He continued to yell; "J" surrendered the remote and left the room.

2026-03-03 12:13:47 From Corrine Petit to Everyone:

I wish marriage counselors had an abuse screening tool prior to accepting a couple, it might save some heartache for the victim.

2026-03-03 12:14:08 From Kathy Ross to Everyone:

Replying to "I wish marriage counselors had an abuse screening ...":

I agree!

2026-03-03 12:14:12 From Heather Yaxley to Everyone:

Hello from Heather Yaxley, Victoria BC Canada. Sorry to be late in checking in!

2026-03-03 12:14:18 From Brooke Shepherd to Everyone:

Great verse!

2026-03-03 12:14:25 From Kendra Thurman to Everyone:

Marriage counseling is not recommended in cases of coercive control, because we don't have two willing participants who are willing to take accountability for their own behavior. - Tabi

2026-03-03 12:14:36 From Jolene Underwood to Everyone:

Replying to "QUESTION: Is making interactions transactional: If...":

Along those lines, yes.

For example, if a controller says I'll do something if you do something it's already starting to put expectations on the victim to do something or act a certain way.

Regardless of what the victim does, the controller uses that as leverage for whatever the outcome is, because the expectation is in the controller's mind which is defined by them at their convenience.

2026-03-03 12:14:50 From Kendra Thurman to Everyone:

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others. In your relationships with one another, have the same mindset as Christ Jesus: Who, being in very nature God, did not consider equality with God something to be used to his own advantage; rather, he made himself nothing by taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself by becoming obedient to death— even death on a cross! (Philippians 2: 3-8, emphasis added)

2026-03-03 12:14:58 From Michelle Baruth to Everyone:

Joy the Scripture says the heart is deceitfully wicked. If something feels wrong, it probably is, sit with that? I was told that by the church I cannot make that judgement myself.

2026-03-03 12:15:50 From Tabitha Westbrook to Everyone:

Replying to "Joy the Scripture says the heart is deceitfully wi...":  
The Holy Spirit lives in you... your heart has been renewed.

2026-03-03 12:16:01 From Tabitha Westbrook to Everyone:

Replying to "Joy the Scripture says the heart is deceitfully wi...":  
And we don't live and die by our emotions.

2026-03-03 12:16:34 From Angela Bamford to Everyone:

Replying to "QUESTION: Is making interactions transactional: If...":  
Thanks Jolene- that makes a lot of sense

2026-03-03 12:16:34 From Judy Vader to Everyone:

Replying to "I wish marriage counselors had an abuse screening ...":  
Darby Strickland has developed a questionnaire for premarital counseling.

2026-03-03 12:16:37 From Lauren Johns to Everyone:

AMEN

2026-03-03 12:17:06 From Amy Marcum to Everyone:

Replying to "I wish marriage counselors had an abuse screening ...":  
The book "is it abuse" has questions that should be given to the abused (usually wife). If she responds yes to a few, there is likely abuse and separation of the couple needs to happen to further investigate.

2026-03-03 12:17:17 From Nancy Megargee to Everyone:

Tabitha can you say your quote again, "look at one anothers" I didn't get the other half.

2026-03-03 12:17:38 From Amy Marcum to Everyone:

Replying to "I wish marriage counselors had an abuse screening ...":  
Yes, Darby Strickland.  
Is it abuse.

2026-03-03 12:17:42 From Christine Foster to Everyone:

Replying to "I wish marriage counselors had an abuse screening ...":

I use Leslie Vernick's quiz with women to assess if in an EDM. Also Brad Hambrick has an assessment tool as well for abusive marriages

2026-03-03 12:17:52 From Robin Clark to Everyone:

I worked at home but he wanted/needed to see me working on the household chores. So I had to save tasks for him to see while he watched TV. He didn't want me to relax. In any way.

2026-03-03 12:18:03 From Kendra Thurman to Everyone:

Ezek 36:26-27 - I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh. And I will put my Spirit in you and move you to follow my decrees and be careful to keep my laws.

2026-03-03 12:18:14 From Jolene Underwood to Everyone:

Replying to "QUESTION: Is making interactions transactional: If...":

@Angela Bamford You're welcome! I hope it's helpful.

2026-03-03 12:18:19 From Simone Diana-Arellano to Everyone:

Can I finish later. I have a doctors appointment

2026-03-03 12:18:28 From KAMILLA to Everyone:

Replying to "I wish marriage counselors had an abuse screening ...":

Darby Strickland – (for people helpers) "Is It Abuse? A Biblical Guide to Identifying Abuse and Helping Victims", <https://a.co/d/aj3HTq1>

2026-03-03 12:18:39 From Amy Marcum to Everyone:

Darby Strickland also has an amazing tiny booklet for victims that help someone recognize abuse, especially victims.

2026-03-03 12:18:51 From Kendra Thurman to Everyone:

Replying to "Can I finish later. I have a doctors appointment":

Yes, Ma'am!

2026-03-03 12:19:15 From Nichelle i to Everyone:

OHHHH so good, Tabitha!!!!

2026-03-03 12:19:23 From Simone Diana-Arellano to Everyone:

Replying to "Can I finish later. I have a doctors appointment":

TY so much. Trying to catch on all the classes. 🙏

2026-03-03 12:19:23 From Jael Owston to Everyone:

Yay Tabi!! I needed that soap box ❤️

2026-03-03 12:19:28 From Tabitha Westbrook to Everyone:

Replying to "Tabitha can you say your quote again, "look at one...":

If we one another each other we won't have coercive control.

2026-03-03 12:19:33 From Amy Marcum to Everyone:

Replying to "I wish marriage counselors had an abuse screening ...":  
and the small Darby Strickland booklet. I carry them with me in case I run into someone with questions.

2026-03-03 12:19:34 From Dawn Jones to Everyone:

Replying to "Darby Strickland also has an amazing tiny booklet ...":  
Yes! She has one for victims and one for people helpers. They are great!

2026-03-03 12:19:35 From Nancy Megargee to Everyone:

Yes, very good!! thank you

2026-03-03 12:19:45 From Christina Mills to Everyone:

Thank you Tabi 🙏

2026-03-03 12:19:46 From Heather Martin to Everyone:

@Tabitha Westbrook so so so so so good!!!! Thank you for sharing!! ❤️

2026-03-03 12:20:11 From Tabitha Westbrook to Everyone:

Replying to "I wish marriage counselors had an abuse screening ...":  
Good ones do! We do!!

2026-03-03 12:20:19 From Joy Forrest to Everyone:

Replying to "Joy the Scripture says the heart is deceitfully wi...":  
I think Tabi covered it well. Did that help?

2026-03-03 12:21:02 From Nichelle i to Everyone:

Replying to "Joy the Scripture says the heart is deceitfully wi...":  
YASSSS...and more

2026-03-03 12:21:24 From Johanna Dempster to Everyone:

It's dehumanizing

2026-03-03 12:22:55 From Nadege Forlu to Everyone:

Replying to "I wish marriage counselors had an abuse screening ...":  
And churches too. I think It should be just standard procedure to assess for abuse first. It's crazy that the med field get this more and assess for abuse often. At least the physicians I've visited do so at every visit.

2026-03-03 12:23:11 From Corrine Petit to Everyone:

Replying to "I wish marriage counselors had an abuse screening ...":  
I am thinking of how tricky the initial phase is and the overwhelm that comes with the ongoing abuse. I hear how often people, specially women, reach out for support to marriage counselors or church leaders since they're the normal "go to's". They might not even understand it is abuse yet. The education needs to be with the go to professionals to screen and educate. Instead it seems like another harm to the victim, which then becomes another contributing factor to isolation.

2026-03-03 12:24:24 From Tamara "Tammy" Howard\_AZ to Everyone:  
% is low?

2026-03-03 12:24:41 From BONITA LOVE to Everyone:  
QUESTION: Could someone please give us the questions Dr. Jessica just mentioned?

2026-03-03 12:25:05 From Dr. Jessica Evans to Everyone:  
Replying to "QUESTION: Could someone please give us the questio...":  
I will drop them here

2026-03-03 12:25:26 From BONITA LOVE to Everyone:  
Replying to "QUESTION: Could someone please give us the questio...":  
@Dr. Jessica Evans Thank you!

2026-03-03 12:25:45 From Amy Marcum to Everyone:  
Replying to "I wish marriage counselors had an abuse screening ...":  
My husband finished the course in December. He has been doing one thing or another for 3.5 years so far and it appears he has JUST gotten it. So now it can be years until new habits become muscle memory.

2026-03-03 12:25:50 From Joy Forrest to Everyone:  
Replying to "% is low?":  
Yes, but we've seen it. Partly because there isn't much help for these guys. Partly because they don't humble themselves.

2026-03-03 12:26:05 From Laurie Fitzgerald to Everyone:  
QUESTION: How long might it take for a victim of coercive control, who has internalized those same behaviors, to start seeing things from other people's perspective.

*Answered live*

2026-03-03 12:26:11 From Dr. Jessica Evans to Everyone:  
Replying to "QUESTION: Could someone please give us the questio...":  
Open ended questions that help her reflect and explore her own needs, desires, preferences, etc.  
Ex-  
What are the things that you've wanted for yourself that have felt out of reach?  
What support do you feel would help you begin to regain control over your life?

2026-03-03 12:26:13 From Michelle Baruth to Everyone:  
Replying to "Joy the Scripture says the heart is deceitfully wi...":  
Yes, but when someone is already confused that can make things harder. Pastors can guilt you with that Scripture confusing things further

2026-03-03 12:26:14 From Giselle Messer to Everyone:  
QUESTION: Does the ongoing accountability remain for a lifetime?

2026-03-03 12:26:42 From Tabitha Westbrook to Everyone:

Replying to "I wish marriage counselors had an abuse screening ...":

@Corrine Petit I'm actually doing a series on they Hey Tabi podcast about this - we're telling a story and I'm interviewing several pastors as part of it. Also, my interview with Matt Chandler on my Hey Tabi podcast could be helpful for pastors.

2026-03-03 12:26:57 From KAMILLA to Everyone:

Unclenching Our Fists: Abusive Men on the Journey to Nonviolence  
by Sara Elinoff Acker

2026-03-03 12:27:13 From Sharon Flynn to Everyone:

Replying to "QUESTION: Is making interactions transactional: If...":  
Deluth model says 35%

2026-03-03 12:27:44 From KAMILLA to Everyone:

Replying to "Unclenching Our Fists: Abusive Men on the Journey ...":  
<https://a.co/d/09Dpnz4h>

2026-03-03 12:27:45 From Joy Forrest to Everyone:

Replying to "QUESTION: Does the ongoing accountability remain ...":  
Yes

2026-03-03 12:28:35 From BONITA LOVE to Everyone:

Replying to "QUESTION: Could someone please give us the questio...":  
Thank you very much. This helps.

2026-03-03 12:28:35 From Tabitha Westbrook to Everyone:

Replying to "QUESTION: How long might it take for a victim of c...":  
It can take a long time. It's a slow movement at times. A good analogy is the water will go where the ditch is dug. It can take time to dig a new ditch so the water goes a new way.

2026-03-03 12:28:36 From Tamara "Tammy" Howard\_AZ to Everyone:

Doing the work and getting really close to God. Having the Truth instead of the lies in my life.

2026-03-03 12:28:41 From Corrine Petit to Everyone:

Replying to "I wish marriage counselors had an abuse screening ...":  
Awesome! I look forward to hearing it and sharing with others!

2026-03-03 12:28:57 From Christina Mills to Everyone:

After 2 and a half years away from my abuser and in counseling and therapy, I just last week had a breakthrough where I made a decision without deliberating or second guessing myself! Celebrated this with my therapist yesterday 🙏🏻🙏🏻

2026-03-03 12:28:58 From Tabitha Westbrook to Everyone:

Replying to " Yes, but when someone is already confused that can make things harder. Pastors can guilt you with that Scripture confusing things further":  
@Michelle Baruth Yes, that's called spiritual abuse.

2026-03-03 12:29:24 From Tamara "Tammy" Howard\_AZ to Everyone:

GOD can and will redeem

2026-03-03 12:29:57 From Amy Marcum to Everyone:

Replying to "I wish marriage counselors had an abuse screening ...":

He agrees that the church should have recognized his behavior as abuse and required an abuse course and accountability,

And encouraged separation.

In REALITY, it wasn't until he really believed I was divorcing him that he let the light fully dawn. Unfortunately, my heart already is locked away to him, and my nervous system isn't prepared to be the person he "gets well" on.

2026-03-03 12:29:58 From Tabitha Westbrook to Everyone:

Replying to "After 2 and a half years away from my abuser and i...":

That's wonderful!!

2026-03-03 12:30:00 From Christina Mills to Everyone:

Yes credit to CTPM and this course for me too!!

2026-03-03 12:30:01 From Angela Triplett to Everyone:

Angela Triplett-Southern Iowa

2026-03-03 12:30:22 From KAMILLA to Everyone:

For information on CTPM Support Groups, contact [Melissa@calledtopeace.org](mailto:Melissa@calledtopeace.org).

2026-03-03 12:30:26 From Keri Drowatzky to Everyone:

More like constant anger management classes for the men instead of classes ongoing like the ones with CTpm. These men need lifetime help just like women who go through therapies for their traumas. We also live in a victim culture so these controllers have been given license to be a lifetime victim so nothing wrong with them. They will continue to blame others for their difficulties.

2026-03-03 12:30:27 From Tabitha Westbrook to Everyone:

Replying to "I wish marriage counselors had an abuse screening ...":

@Amy Marcum And that is totally valid!

2026-03-03 12:30:33 From Jolene Underwood to Everyone:

Replying to "After 2 and a half years away from my abuser and i...":

Yay!!! Celebrating with you, Christina!

2026-03-03 12:30:37 From Tamara "Tammy" Howard\_AZ to Everyone:

It is a long process....wish I knew that early on. I've often felt like I was failing. BUT God is giving me a powerful testimony,

2026-03-03 12:30:57 From KAMILLA to Everyone:

Patricia Evans – "The Verbally Abusive Relationship", <https://a.co/d/dnrSwF1>

2026-03-03 12:31:26 From Tabitha Westbrook to Everyone:

Replying to "More like constant anger management classes for th...":

Ones who want to change will continue to do the work. They will take responsibility and take the efforts to find resources. We have some men who are working with us as coaches for that reason.

2026-03-03 12:31:52 From Vanessa Satterfield to Everyone:

Their healing (the abusers) is not linear, there are starts and stops typically. They don't stop their stuff right away as soon as they "get it". It's a long game.

2026-03-03 12:32:12 From Tabitha Westbrook to Everyone:

Replying to "Their healing (the abusers) is not linear, there a...":

Yes, and victims don't have to stick around and wait, either.

2026-03-03 12:32:49 From Brooke Shepherd to Everyone:

Thanks for sharing Vulnerability @Dr. Debra. Relatable

2026-03-03 12:34:52 From Kathy Ross to Everyone:

QUESTION: Is there a link for the course website handout?

2026-03-03 12:34:59 From Kendra Thurman to Everyone:

A woman doesn't have to disappear/become invisible when she gets married. The talents, dreams, skills, etc, God designed into her are still valid and needed in the world, regardless of whether she's single or married.

2026-03-03 12:35:10 From KAMILLA to Everyone:

- Do Christians Have Rights? (Vernick)- <https://leslievernick.com/blog/christians-rightsguest-post/>

- Do You Have Rights? (Davis & Hoffman)- <https://www.facebook.com/flyingfreenow/videos/1715633585401736>

- Rebecca Davis' books- <https://www.amazon.com/Untwisting-Scriptures/dp/B08WF13X3F>

2026-03-03 12:35:25 From Dr. Jessica Evans to Everyone:

Replying to "QUESTION: Is there a link for the course website h...":

Yes visit the course webpage and scroll down

<https://www.houseofpeacepubs.com/advocacy-courses/impacts-victims/>

2026-03-03 12:35:30 From Kendra Thurman to Everyone:

Proverbs 31:8-9 says, "Open your mouth for the mute, for the rights of all who are destitute. Open your mouth, judge righteously, defend the rights of the poor and needy."

2026-03-03 12:36:19 From Kendra Thurman to Everyone:

Replying to "Proverbs 31:8-9 says, "Open your mouth for the mut...":

Psalm 82:3 says, "Defend the cause of the weak and fatherless; maintain the rights of the poor and oppressed."

2026-03-03 12:36:35 From Kendra Thurman to Everyone:

Replying to "Proverbs 31:8-9 says, "Open your mouth for the mut...":

Acts 25:11- To escape from the injustice of a prejudicial tribunal, Paul invoked his right as a Roman citizen: "But if the charges brought against me by these Jews are not true, no one has the right to hand me over to them. I appeal to Caesar!"

2026-03-03 12:36:52 From Kendra Thurman to Everyone:

Replying to "Proverbs 31:8-9 says, "Open your mouth for the mut...":

Matthew 20:15a- "Is it not lawful for me to do what I wish with what is my own?" (rights of property owner)

2026-03-03 12:38:20 From Kendra Thurman to Everyone:

So God created mankind in his own image, in the image of God he created them; male and female he created them. (Genesis 1:27))

2026-03-03 12:39:01 From Corrine Petit to Everyone:

I can see a coercive controller weaponizing the basic rights in a relationship. Part of the distortion being if a wife brought up a concern, it might make the abuser uncomfortable, and that gets labelled as a "criticism", "judgement", "mental illness", "negativity", etc.... An act of keeping her silent and thinking she the problem.

2026-03-03 12:39:38 From Tabitha Westbrook to Everyone:

Replying to "I can see a coercive controller weaponizing the ba...":

Yep, part of their playbook.

2026-03-03 12:40:01 From Tammy Ankabrandt to Everyone:

I teach music students 4-7-8 breathing to completely relax body and increases lung capacity too...helps in stressful situations to stay calm. Breathe in nose 4, hold 7, let out slowly through mouth. :)

2026-03-03 12:40:22 From Tabitha Westbrook to Everyone:

Replying to "I teach music students 4-7-8 breathing to complete...":

Yes!! Such goodness for both breathwork and music!

2026-03-03 12:41:56 From Dr. Jessica Evans to Everyone:

Chris Moles- The Heart of Domestic Abuse: Gospel Solutions for Men Who Use Control and Violence in the Home

<https://a.co/d/03vPGEGS>

Caring for Families Caught in Domestic Abuse: A Guide toward Protection, Refuge, and Hope

<https://a.co/d/0eov4CUB>

2026-03-03 12:42:15 From Amy Marcum to Everyone:

Replying to "QUESTION: How long might it take for a victim of c...":

It has taken me three years to h brainwash myself. I have done Leslie vernick conquer program, did a full weekend EMDR intensive in the beginning to stop my heart from racing. I have a personal therapist I see every other week, I have already done this course once. Listen to podcasts.

Read through "letters" psalm 82 initiative (so good). Just keep putting the opposite information (correct/loving information) into my brain until I completely believe that and don't fall back on Bible verses that have been twisted.

I'm still working on it.

2026-03-03 12:42:20 From Jaime Meunier to Everyone:

This is not always true, appearing calm because I was frozen worked against me in legal proceedings.

2026-03-03 12:42:45 From Amy Marcum to Everyone:

Replying to "QUESTION: How long might it take for a victim of c...":  
@Tabitha Westbrook that's awesome. I'm digging,  
Digging.

2026-03-03 12:43:01 From Dr. Jessica Evans to Everyone:

Replying to "This is not always true, appearing calm because I ...":  
Yes, we hear that too...she may be seen overly emotional or too calm...and either way it can be held against her. its so frustrating bc there is this myth of the "perfect victim"

2026-03-03 12:43:06 From Dr. Jessica Evans to Everyone:

Replying to "This is not always true, appearing calm because I ...":  
Im sorry to hear this Jaime

2026-03-03 12:43:37 From Amy Marcum to Everyone:

Replying to "QUESTION: How long might it take for a victim of c...":  
OH and the CTPM retreat. It has been HUGE in my healing.... Primary!!'

2026-03-03 12:43:55 From Kendra Thurman to Everyone:

For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the faith God has distributed to each of you. (Romans 12:3)

2026-03-03 12:44:24 From Joy Forrest to Everyone:

Replying to "This is not always true, appearing calm because I ...":  
Definitely. Gray rock can backfire, because it seems uncaring. It

2026-03-03 12:44:32 From Tabitha Westbrook to Everyone:

Replying to "This is not always true, appearing calm because I ...":  
Yes, we all present differently and even in different moments. I looked perfectly calm outside because I was totally shut down.

2026-03-03 12:44:40 From Joy Forrest to Everyone:

Replying to "This is not always true, appearing calm because I ...":  
Is a real balance

2026-03-03 12:45:35 From Angi Beery to Everyone:

Angi Beery Nappanee, IN

2026-03-03 12:45:47 From BONITA LOVE to Everyone:

QUESTION: Is there anything you can say to the husband's lawyer when you are on the stand and they bring up that you are have a "mental illness" because you have been diagnosed with depression? Or is this a question for a different platform?

2026-03-03 12:46:33 From Giselle Messer to Everyone:

He would tell me I would be nothing without him

2026-03-03 12:46:37 From Tamara "Tammy" Howard\_AZ to Everyone:

This is where I realized mine stemmed for child hood.

2026-03-03 12:47:17 From Amy Marcum to Everyone:

Replying to "Their healing (the abusers) is not linear, there a...":

We don't "Have to" but I will say it pulls on your "should I stay for the man he will be cause I won't find another guy that I'd want " strings.

As strong as I have become, that is the battle right now. Back and forth,  
Back and forth

2026-03-03 12:47:31 From Kathy Ross to Everyone:

QUESTION: Is it possible that both spouses have unresolved childhood trauma?

2026-03-03 12:47:44 From Kendra Thurman to Everyone:

For those who exalt themselves will be humbled, and those who humble themselves will be exalted. (Matthew 23:12)

2026-03-03 12:48:06 From Tabitha Westbrook to Everyone:

Replying to "QUESTION: Is there anything you can say to the hus...":

I think that might be a better question for a Q&A.

2026-03-03 12:48:49 From Tabitha Westbrook to Everyone:

Replying to "Their healing (the abusers) is not linear, there a...":

@Amy Marcum I can totally understand that. For some survivors, asking themselves "at what cost is it to me to stay for a what if?"

2026-03-03 12:49:02 From KAMILLA to Everyone:

Replying to "QUESTION: Is there anything you can say to the hus...":

On Saturday, March 28, 12-1 PM EST, please join us for our Q&A with Dr. Debra and the team.

2026-03-03 12:49:06 From Tabitha Westbrook to Everyone:

Replying to "QUESTION: Is it possible that both spouses have un...":

For sure. But coercive control is not due to childhood trauma.

2026-03-03 12:49:31 From Tamara "Tammy" Howard\_AZ to Everyone:

I feel HS mom's are very bright

2026-03-03 12:49:52 From Tabitha Westbrook to Everyone:

Replying to "I feel HS mom's are very bright":

Most are! And some even have advanced degrees!

2026-03-03 12:50:10 From Lynn Murray to Everyone:

She likely has many transferable skills

2026-03-03 12:50:16 From Dr. Jessica Evans to Everyone:

Replying to "QUESTION: Is it possible that both spouses have un...":

We can look to so many who have childhood trauma who do not coercively control others to understand it is not causative.

2026-03-03 12:51:15 From BONITA LOVE to Everyone:

Replying to "QUESTION: Is there anything you can say to the hus...":  
Thank you both, I will do that!

2026-03-03 12:51:25 From Kate McClain to Everyone:

That was me! 😊

2026-03-03 12:51:27 From Tamara "Tammy" Howard\_AZ to Everyone:

I often second guess or doubt my choices

2026-03-03 12:51:53 From Heather Martin to Everyone:

Replying to "QUESTION: Is it possible that both spouses have un...":  
@Dr. Jessica Evans I completely agree! I am a living testimony!! ❤️

2026-03-03 12:52:09 From KAMILLA to Everyone:

<http://www.houseofpeacepubs.com/wp-content/uploads/2026/02/Decision-making-for-Teens-Resilience-Skills-rev-1.pdf> Here is the Decision Making Handout

2026-03-03 12:52:19 From Kendra Thurman to Everyone:

Then they began to argue among themselves about who would be the greatest among them. Jesus told them, "In this world the kings and great men lord it over their people, yet they are called 'friends of the people.' But among you it will be different. Those who are the greatest among you should take the lowest rank, and the leader should be like a servant. Who is more important, the one who sits at the table or the one who serves? The one who sits at the table, of course. But not here! For I am among you as one who serves. (Luke 22:24-27)

2026-03-03 12:52:40 From KAMILLA to Everyone:

**ANNOUNCEMENT: On Saturday, March 28, 12-1 PM EST, please join us for our Q&A with Dr. Debra and the team.**

**Please bring any advocacy questions you want to ask.**

2026-03-03 12:54:06 From Kim Brown to Everyone:

Replying to "Their healing (the abusers) is not linear, there a...":  
@Tabitha Westbrook and @Amy Marcum I can totally relate to this and also asking "what is the cost" as my concerns now really relate primarily on longevity to be around for grandkids and also being able to continue to care for my elderly parents. It is hard.

2026-03-03 12:54:28 From Amy Jo Thompson to Everyone:

Replying to "http://www.houseofpeacepubs.com/wp-content/uploads...":  
Thank You!

2026-03-03 12:55:34 From Corrine Petit to Everyone:

Does CTPM have courses on coercive control effects on children? Also, a course on parenting with a coercive controller? I am generally familiar with parallel parenting. Wonder what other courses are offered with this ministry.

2026-03-03 12:55:52 From KAMILLA to Everyone:

Four C's of Coercive Controllers: Cunning, Conning, Convincing, Charming

2026-03-03 12:55:59 From Tabitha Westbrook to Everyone:

Replying to "Does CTPM have courses on coercive control effects...":

Yes, it comes later in these courses.

2026-03-03 12:56:30 From KAMILLA to Everyone:

Chandora Warren. "Death By A Thousand Cuts" <https://a.co/d/i8hjXYi>

2026-03-03 12:56:47 From Tamara "Tammy" Howard\_AZ to Everyone:

The enemy moves slowly hoping we don't notice

2026-03-03 12:57:23 From Kendra Thurman to Everyone:

Chris is not a person who "acts out" occasionally. He is obsessed with controlling every little thing almost constantly. He began with how I folded towels, his socks, where things went in the pantry, what the children called him, using pronouns, how straight I parked, and various other things. When he felt that I chose anything over him, he erupted. First, he locked me away from my clothes so that I couldn't get ready for work; then he grabbed me and placed me on the file cabinet and didn't let me leave the room; he imprisoned me in the bathroom, and bedroom numerous times; and these confinements just escalated more and more. "Confinement" seems too mild a word. Chris was there, holding me by the arms or yanking me around while he preached, yelled, swore, and degraded me.

What are the impacts on the victim? How can the advocate respond?

2026-03-03 12:57:29 From Joy Forrest to Everyone:

Replying to "Does CTPM have courses on coercive control effects...":

That's what Dr. Debra's book Eyes Wide Open is about and we cover a lot of it in the courses. There are handouts and videos on it in the band group for the support group and advocacy.

2026-03-03 12:57:30 From Jennifer Dean to Everyone:

I have to pop off to speak with my publisher.

2026-03-03 12:58:08 From Lynn Adams to Everyone:

Sorry, I'm not in a place where I can participate in a breakout.

2026-03-03 12:59:00 From Tiffany Pearman to Everyone:

Coercive control is so complicated. It is very hard to explain the subtleties of it. Even close family members cannot comprehend the evil and coldness experienced by it. They just don't see it.

Rebecca Johnson: 😞

2026-03-03 12:59:46 From Dr. Jessica Evans to Everyone:

Replying to "Sorry, I'm not in a place where I can participate ...":

Thats fine

2026-03-03 12:59:57 From Kendra Thurman to Everyone:

Chris is not a person who “acts out” occasionally. He is obsessed with controlling every little thing almost constantly. He began with how I folded towels, his socks, where things went in the pantry, what the children called him, using pronouns, how straight I parked, and various other things. When he felt that I chose anything over him, he erupted. First, he locked me away from my clothes so that I couldn’t get ready for work; then he grabbed me and placed me on the file cabinet and didn’t let me leave the room; he imprisoned me in the bathroom, and bedroom numerous times; and these confinements just escalated more and more. “Confinement” seems too mild a word. Chris was there, holding me by the arms or yanking me around while he preached, yelled, swore, and degraded me.

What are the impacts on the victim? How can the advocate respond?

2026-03-03 13:06:33 From Rebecca Johnson to Everyone:

Isn't the confinement actually a form of kidnapping, in a legal sense?

Debbie Doyle: 👍

2026-03-03 13:10:03 From Johanna Dempster to Everyone:

I was praying to die bc i thought that was my only out.

Kim Brown: ❤️

Christina Mills, Nadege Forlu, Tamara "Tammy" Howard\_AZ, Angie Hall: ❤️

Debbie Doyle: 😞

Rebecca Johnson: 😞

Dr. Jessica Evans: 😞

Helenmary Brown, Kendra Thurman, Tamara "Tammy" Howard\_AZ: 🙏

2026-03-03 13:10:29 From Joy Forrest to Everyone:

Replying to "I was praying to die bc i thought that was my only...":

Same here Johanna.

Helenmary Brown, Angie Hall: 🙏

2026-03-03 13:10:45 From Michelle Baruth to Everyone:

Thank you, ladies. You are such blessings, truly a breath of fresh air in a season that has felt suffocating.

Joy Forrest, Johanna Dempster, Tabitha Westbrook, Nadege Forlu, Rebecca Johnson: ❤️

Jolene Underwood: ❤️

Helenmary Brown: 🙏

2026-03-03 13:10:56 From Heather Ives to Everyone:

Replying to "I was praying to die bc i thought that was my only...":

I'm grateful you're here ❤️ 🙏

Joy Forrest, Heather Ives: ❤️

2026-03-03 13:11:40 From KAMILLA to Everyone:

Don Hennessey – “How He Gets Into Her Head: The Mind of the Male Intimate Abuser”. <https://www.amazon.com/How-Gets-Into-Her-Head/dp/1855942208>

Rebecca Johnson: 🙏

2026-03-03 13:12:04 From Rebecca Johnson to Everyone:

Replying to "I was praying to die bc i thought that was my only...":

Same here, and so glad God was faithful to bring you through!  
Helenmary Brown:🙏

2026-03-03 13:12:07 From Helenmary Brown to Everyone:

Replying to "I was praying to die bc i thought that was my only...":  
Likewise; not suicidal, just wrung out and completely crushed. Thankful the Lord holds our time,  
but understands the oppressed and broken.  
Joy Forrest:👍

2026-03-03 13:12:10 From Judy Vader to Everyone:

Replying to "I was praying to die bc i thought that was my only...":  
❤️

2026-03-03 13:12:13 From Dr. Jessica Evans to Everyone:

<https://susanstill.com>

2026-03-03 13:12:29 From Dawn Jones to Everyone:

Replying to "Don Hennessey – “How He Gets Into Her Head: The Mi...”:  
Excellent book.  
Rebecca Johnson:👍

2026-03-03 13:13:09 From Rebecca Johnson to Everyone:

Replying to "Don Hennessey – “How He Gets Into Her Head: The Mi...”:  
Life changing book for me, really gave me a great understanding!  
Dawn Jones:❤️

2026-03-03 13:13:26 From Gemma Frederick to Everyone:

He doesn't lose control. He takes control, deliberately.

2026-03-03 13:13:35 From Joy Forrest to Everyone:

Replying to "I was praying to die bc i thought that was my only...":  
@Helenmary Brown I wasn't suicidal because of my kids, but I thought death was the only way  
out.  
BONITA LOVE, Rebecca Johnson:🙏

2026-03-03 13:13:48 From Dr. Jessica Evans to Everyone:

Replying to "Isn't the confinement actually a form of kidnappin...":  
I suppose it would be good to look up the state statutes on definitions for domestic violence,  
kidnapping, coercive control (if they have them), etc

2026-03-03 13:13:53 From Kendra Thurman to Everyone:

Does he "lose control" at work? at church? with his friend group? This shows much about his  
ability to control himself.  
Deborah Stahl Waters:❤️  
Dr. Jessica Evans:👍

2026-03-03 13:14:11 From Kara Ghiloni to Everyone:

100% identify with that story too

2026-03-03 13:14:14 From Kendra Thurman to Everyone:

REMINDER: Please consider attending the Q&A session on Saturday, Mar. 28th (noon Eastern).  
Use the same Zoom link as for the regular classes.

Judy Vader: 🍷

2026-03-03 13:14:34 From Helenmary Brown to Everyone:

So much redemption in your story Joy.

Christine Foster: ❤️

Kendra Thurman: 🍷

2026-03-03 13:14:37 From Rebecca Johnson to Everyone:

Replying to "I was praying to die bc i thought that was my only...":

@Joy Forrest It was caring for my kids that kept me alive. It gave me a reason to go on.

BONITA LOVE: 😊

2026-03-03 13:14:44 From Gemma Frederick to Everyone:

But they hate to let go of that excuse (losing control). It's an entitled fall-back.

2026-03-03 13:14:50 From Joy Forrest to Everyone:

Replying to "I was praying to die bc i thought that was my only...":

Me too

2026-03-03 13:15:04 From Joy Forrest to Everyone:

Replying to "I was praying to die bc i thought that was my only...":

Thank God for kids

Rebecca Johnson: ❤️

2026-03-03 13:15:09 From Jaime Meunier to Everyone:

Replying to "I was praying to die bc i thought that was my only...":

agree

2026-03-03 13:15:14 From KAMILLA to Everyone:

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2026-03-03 13:15:17 From Angela Bamford to Everyone:

I would love to go back to school and help victims full-time. Thank you all so much for helping train us

2026-03-03 13:15:15 From Tamara "Tammy" Howard\_AZ to Everyone:

My fave.... YOU can Heal ❤️

2026-03-03 13:15:17 From Kendra Thurman to Everyone:

Hug a pet, do something creative, ...

2026-03-03 13:15:17 From Marcie Schmidt to Everyone:

Thank you

2026-03-03 13:15:18 From Deborah Stahl Waters to Everyone:

Tku for today Ladies further empowering us today!

13:15:19 From Kara Ghiloni : thank you