

Replay: <https://vimeo.com/1178033764/27f65d64c1?share=copy&fl=sv&fe=ci>

2026-03-28 11:54:30 From Deann Wagner to Everyone:

Hi! Deann from AR

2026-03-28 11:55:02 From Tamara "Tammy" Howard_AZ to Everyone:

Hi from AZ

2026-03-28 11:55:45 From Tamara "Tammy" Howard_AZ to Everyone:

I'm at work by myself but I can listen

2026-03-28 11:55:58 From Kathy Ross to Everyone:

Good Morning from Northcentral WI!

2026-03-28 11:56:40 From Jennifer Luttrell to Everyone:

Hello from Winston-Salem, NC

2026-03-28 11:57:10 From Conny Hubbard to Everyone:

hello from North Carolina

2026-03-28 11:57:28 From Tamara "Tammy" Howard_AZ to Everyone:

79*

2026-03-28 11:57:30 From Deann Wagner to Everyone:



2026-03-28 11:59:58 From Kathy Ross to Everyone:

In my area the high is anticipated to be 44 degrees from cooler temps this past two weeks.

2026-03-28 12:00:00 From LeeAnn Howarth to Everyone:

Good morning, LeeAnn Howarth from Keller, TX

2026-03-28 12:01:54 From Deb Reece to Everyone:

Deb from Zimmerman, MN

2026-03-28 12:02:16 From Christina Mills to Everyone:

Christie Myrtle beach sc

2026-03-28 12:02:38 From Kim Brown to Everyone:

Kim Brown North TX

2026-03-28 12:03:17 From Jill Johnson to Everyone:

Hi, Jill Johnson, Yorktown, VA

2026-03-28 12:03:18 From Anna Warde to Everyone:

Hello, Anna from Maine.

2026-03-28 12:04:11 From Stephanie Ford to Everyone:

Good Morning from MT

2026-03-28 12:05:47 From Tamara "Tammy" Howard_AZ to Everyone:
I follow Victor Marx out of CO

2026-03-28 12:06:21 From Angie Hall to Everyone:
hi from Angie Hall, Warsaw IN

2026-03-28 12:07:07 From Tamara "Tammy" Howard_AZ to Everyone:
I know someone who teaches a class. She's here in AZ

2026-03-28 12:07:24 From Dr. Jessica Evans to Everyone:
The short film I mentioned is called TimeKeeper on YouTube and it's from the UK I believe...if I'm recalling correctly. It shows how the Ccer uses the children. Trigger warning!
<https://youtu.be/gFwZF2YeDEI?si=zFluk3N3s3tbjfs>

2026-03-28 12:07:33 From Tamara "Tammy" Howard_AZ to Everyone:
She was raped and sex trafficked by her boyfriend dad

2026-03-28 12:10:18 From Dr. Jessica Evans to Everyone:
Netflix documentary- American Murder: The Family Next Door (Shannan Watts case)

TW!

2026-03-28 12:12:22 From Chris Peterson to Everyone:
FRED et marie (English subtitles)
<https://vimeo.com/33731191?fl=pl&fe=sh>

2026-03-28 12:14:55 From Dr. Jessica Evans to Everyone:
Two things I'm thinking about-
-Your own trauma therapy
-Church Partners

2026-03-28 12:15:04 From Keri Drowatzky to Everyone:
I am so sorry this happened to you.

2026-03-28 12:15:22 From Dr. Jessica Evans to Everyone:
Church Partners- <https://calledtopeace.org/help-me-with-my-church/>

2026-03-28 12:17:35 From Johanna Dempster to Everyone:
I related to everything you shared.

2026-03-28 12:18:35 From Christina Mills to Everyone:
How do you spell Cheryl's name for the email?

2026-03-28 12:18:53 From Dr. Debra to Everyone:
Cheryl@calledtopeace.org

2026-03-28 12:19:47 From Judy Vader to Everyone:

I am currently leading a ministry in my church....which is amazing we even got that approved. Thank you, Lord. But it is very slow growing in educating even though my very young lead pastor is onboard. But the leadership in general is very uninformed. So many details with my past at that church but I work hard at building trust and planting seeds.

2026-03-28 12:20:57 From Keri Drowatzky to Everyone:

It's great both are reaching out. They want to get out of the false teachings of the other place you had been in. This is great.

2026-03-28 12:21:51 From Michelle Baruth to Everyone:

Hambrick?

2026-03-28 12:21:59 From Andrea Kampen to Everyone:

Brad Hambrick, "Making Sense of Forgiveness"

2026-03-28 12:22:05 From Judy Vader to Everyone:

Lisa Teurkhurst does a great podcast on Forgiveness on one of her "Therapy and Theology" podcasts.

2026-03-28 12:22:23 From Dr. Jessica Evans to Everyone:

Replying to "Brad Hambrick, "Making Sense of Forgiveness"":
<https://a.co/d/08SyZATh>

2026-03-28 12:22:45 From Tamara "Tammy" Howard_AZ to Everyone:

My pastors have ignored my information.

2026-03-28 12:23:08 From Johanna Dempster to Everyone:

Yes

2026-03-28 12:24:29 From Johanna Dempster to Everyone:

Our souls need healing

2026-03-28 12:24:34 From Judy Vader to Everyone:

Tabi's new book and Darby Strickland's book...on trauma. Great books.

2026-03-28 12:25:04 From Dr. Jessica Evans to Everyone:

<https://a.co/d/00knVVMz>
Mending the Soul: Understanding and Healing Abuse
by Steven R. Tracy

2026-03-28 12:25:53 From Angie Hall to Everyone:

Rebecca Davis' Untwisting series

2026-03-28 12:26:03 From Dr. Jessica Evans to Everyone:

Replying to "Tabi's new book and Darby Strickland's book...on t...":
<https://a.co/d/0iLTto6l>

Body & Soul, Healed & Whole: An Invitational Guide to Healthy Sexuality after Trauma, Abuse, and Coercive Control

by Tabitha K. Westbrook LMFT-S LCMHC-QS LPC-S LPC

2026-03-28 12:26:55 From Dr. Jessica Evans to Everyone:

Replying to "Tabi's new book and Darby Strickland's book...on t...":

<https://a.co/d/05Bh8HYK>

When It's Trauma: A Biblical Guide to Understanding Trauma and Walking Faithfully with Sufferers

by Darby A Strickland

2026-03-28 12:27:04 From Kathy Ross to Everyone:

Thank you!!!

2026-03-28 12:27:09 From Dr. Jessica Evans to Everyone:

@Jolene can you post the book you mentioned

2026-03-28 12:27:21 From Jolene Underwood to Everyone:

Lots of great resources out there. I hope you find what's helpful for you next, @Kathy Ross

2026-03-28 12:28:17 From Tamara "Tammy" Howard_AZ to Everyone:

I understand this. In Conquer many times I leave in tears.

2026-03-28 12:28:57 From Jolene Underwood to Everyone:

Changes That Heal by Dr. Henry Cloud - <https://www.amazon.com/Changes-That-Heal-Everything-Everyone-ebook/dp/B000SEPHPO/>

Cheesy title, but rich resource.

2026-03-28 12:29:58 From Jolene Underwood to Everyone:

Kathy, I also hope you have supportive people who provide space to process & to pray with you.

2026-03-28 12:31:30 From Karen Stinchcomb to Everyone:

Please remind us how to get on the band group. Thank you!

Contact advocate coordinators- emails below.

2026-03-28 12:31:37 From Jolene Underwood to Everyone:

Building a support system with different type of people can help fuel capacity in different ways. Other ways to support fueling internal capacity include engaging in play, nature, creativity...

2026-03-28 12:31:38 From Chris Peterson to Everyone:

QUESTION...

Is there a link to the materials for the "Protect the Flock" presentation? The content of this presentation?

Is there a link to a video of the "Protect the Flock" presentation?

Answered live

2026-03-28 12:32:20 From Dr. Jessica Evans to Everyone:

Advocate coordinators-
naomi@calledtopeace.org
dianthe@calledtopeace.org

2026-03-28 12:32:36 From Karen Stinchcomb to Everyone:

Replying to "QUESTION... Is there a link to the materials for ...":
There was a time when they streamed the event and then we could watch it.

2026-03-28 12:33:30 From Karen Stinchcomb to Everyone:

Replying to "QUESTION... Is there a link to the materials for ...":
Amen - get it in the churches! I have tried!

2026-03-28 12:33:33 From Kathy Ross to Everyone:

Replying to "Kathy, I also hope you have supportive people who ...":
I have two girlfriends who have been through a divorce and are understanding. Called to Peace has been helpful along with other resources God has provided to help me heal.

2026-03-28 12:34:03 From Judy Vader to Everyone:

Movie I saw this week at local Comm. College was called "Ring of Silence."

Judy shared this was focused on human trafficking

2026-03-28 12:34:10 From Dr. Jessica Evans to Everyone:

Replying to "QUESTION... Is there a link to the materials for ...":
Love your heart to try. Like Dr. Debra said, we know not all churches are willing

2026-03-28 12:34:50 From Dr. Jessica Evans to Everyone:

cheryl@calledtopeace.org

2026-03-28 12:36:37 From Dr. Jessica Evans to Everyone:

Timeline of Controlling Events.docx

2026-03-28 12:36:52 From Tamara "Tammy" Howard_AZ to Everyone:

Instead of saying they're this or that.

2026-03-28 12:37:03 From Dr. Jessica Evans to Everyone:

Right instead of labels

2026-03-28 12:37:19 From Johanna Dempster to Everyone:

I understaqnd

2026-03-28 12:37:22 From Judy Vader to Everyone:

Replying to "Movie I saw this week at local Comm. College was c...":
[Ring of Silence can be found on Youtube. Filmed in MI](#)

2026-03-28 12:37:42 From Deann Wagner to Everyone:

He looked at me with his eyes narrowed and I felt scared

2026-03-28 12:38:56 From Johanna Dempster to Everyone:

I would Bring something up that hurt me and he would go silent and not talk to me for months

2026-03-28 12:39:39 From Jolene Underwood to Everyone:

You're describing words, actions, behaviors, what is specifically happening.

2026-03-28 12:40:43 From Johanna Dempster to Everyone:

Ignoring and dismissing downplaying

2026-03-28 12:40:46 From Keri Drowatzky to Everyone:

Silent treatment

2026-03-28 12:42:40 From Tamara "Tammy" Howard_AZ to Everyone:

Leslie talks about it all the time

2026-03-28 12:43:48 From Dr. Jessica Evans to Everyone:

Post separation abuse is reaaaal

2026-03-28 12:44:06 From Tamara "Tammy" Howard_AZ to Everyone:

What I'm dealing with now. It's hard

2026-03-28 12:44:45 From Tamara "Tammy" Howard_AZ to Everyone:

My son bought a house next door to his dad ☐

2026-03-28 12:44:54 From Jolene Underwood to Everyone:

Replying to "My son bought a house next door to his dad ☐":
OOF...

2026-03-28 12:45:30 From Deanna Bren to Everyone:

I appreciated this month's training that outlined the 3 different types of controllers. Is there a list of basic interview questions you can ask women to help them recognize patterns?

Some resources:

Power and Control Wheel- <https://www.theduluthmodel.org/wheel-gallery/>

Checklists in Dr. Debra's book- <https://a.co/d/0cot1RdT>

Checklist of controlling behaviors- [https://sabi.unc.edu/pdf/CCB_Lehmann\(1\).pdf](https://sabi.unc.edu/pdf/CCB_Lehmann(1).pdf)

We will go over open ended questions in motivational interviewing course.

Next course starting Tuesday will go over many more typologies of coercive controllers as well.

2026-03-28 12:45:32 From Tamara "Tammy" Howard_AZ to Everyone:

HE doesn't win 😞

2026-03-28 12:46:37 From Tamara "Tammy" Howard_AZ to Everyone:

Please share

2026-03-28 12:49:42 From Jennifer Luttrell to Everyone:
He manipulated my adult children. Told them lies. Undermined my relationships with them.

2026-03-28 12:49:43 From Tamara "Tammy" Howard_AZ to Everyone:
Triangulation

2026-03-28 12:50:00 From Dr. Debra to Everyone:
Replying to "I appreciated this month's training that outlined ...":
We have course #5 on Interviewing Skills.

2026-03-28 12:50:19 From Tamara "Tammy" Howard_AZ to Everyone:
Agree

2026-03-28 12:52:44 From Dr. Jessica Evans to Everyone:
Friday at the retreat
1:00 - 2:00 PM
Terrace 316 (we think; double check schedule once released)
We will have a meeting for all advocates and anyone in classes, affiliated or not!

2026-03-28 12:52:46 From Keri Drowatzky to Everyone:
How much does it cost to be able to access the retreat after it's over?

2026-03-28 12:53:39 From Dr. Jessica Evans to Everyone:
Replying to "How much does it cost to be able to access the ret...":
Dr. Deb suggested reaching out to Diana@calledtopeace.org

2026-03-28 12:54:29 From Tamara "Tammy" Howard_AZ to Everyone:
Thank you for what you're doing

2026-03-28 12:55:17 From Dr. Jessica Evans to Everyone:
Course 5 on Motivational Interviewing

2026-03-28 12:55:29 From Dr. Jessica Evans to Everyone:
And we have an advanced course that is a follow up to our Motivational Interviewing course 5 called Redefining Resistance that can be taken as well. It can be found at the link below.

2026-03-28 12:56:47 From Jolene Underwood to Everyone:
Consider regular check-ins for yourself to notice when your body is getting more activated & what's happening in you.

2026-03-28 12:57:23 From Dr. Jessica Evans to Everyone:
Replying to "And we have an advanced course called Redefining R...":
<https://www.houseofpeacepubs.com/redefiningresistance/>

2026-03-28 12:57:30 From Johanna Dempster to Everyone:
Yes

2026-03-28 12:57:54 From Judy Vader to Everyone:

Dr. Deb is describing me. I LOVE being able to take it over and over.

2026-03-28 12:58:48 From Debbie Zibolski to Everyone:

Thank you for that direction Jolene. I needed that.

2026-03-28 12:59:21 From Anna Warde to Everyone:

Can the advanced courses be taken at anytime?

2026-03-28 12:59:24 From Jolene Underwood to Everyone:

Replying to "Thank you for that direction Jolene. I needed that...":

I'm so glad it was helpful, Debbie. 😊

2026-03-28 12:59:28 From Dr. Jessica Evans to Everyone:

Replying to "Can the advanced courses be taken at anytime?":

Yes!

2026-03-28 12:59:36 From Dr. Jessica Evans to Everyone:

Replying to "Can the advanced courses be taken at anytime?":

And scholarships can be requested as needed as well

2026-03-28 13:00:04 From Johanna Dempster to Everyone:

QUESTION how do you access the advanced courses?

2026-03-28 13:00:26 From Dr. Debra to Everyone:

Advanced courses on Houseofpeacepubs.com

2026-03-28 13:01:06 From Dr. Jessica Evans to Everyone:

You can look through all course offerings, including advanced courses here! Scroll down...

<https://www.houseofpeacepubs.com>

2026-03-28 13:01:29 From Debbie Zibolski to Everyone:

thanks for sharing Dana

2026-03-28 13:01:45 From Tamara "Tammy" Howard_AZ to Everyone:

ACES even showed me why I gravitate to certain people

2026-03-28 13:01:48 From Dr. Jessica Evans to Everyone:

Course #4: Coercive Controller Typologies starts Tuesday!

2026-03-28 13:02:15 From LeeAnn Howarth to Everyone:

Thank you everyone

2026-03-28 13:02:29 From Debbie Zibolski to Everyone:

It's like finding a pearl in a pile of manure. Good luck